SOFTWOOD BOOKS

SUFFOLK, UK

SOFTWOOD

RETAIL CATALOGUE

Q4 2026

GO ALL IN.

A message from our CEO

Welcome to the Q4 retail catalogue from Softwood Books!

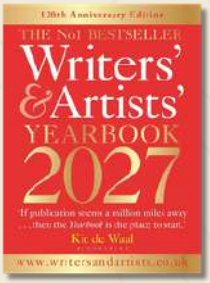
This edition has been published for the Gardners Trade Show, which we are proud to be sponsoring in 2026.

Over the past few months, we've been excited to publish a huge range of titles, from Regency-style novels and picture books to psychological memoirs and punk rock-inspired business books. There truly is something here for everyone!

At Softwood, we believe individual voices matter, and we were delighted to recently attend the Publishers' Association Diversity Working Group mini-summit in London as part of our commitment to this important conversation. The authors featured in this catalogue represent a rich range of backgrounds, experiences, and motivations, and we're proud that Softwood works with authors from every demographic, every day of the year, regardless of geographical location or accessibility needs.

Retailers will notice a large number of new titles in this catalogue that are not listed as published by Softwood Books. Following the unfortunate closure of the Self-Publishing Partnership in Bath and its imprint, Brown Dog Books, Softwood has stepped up to support their authors in continuing their distribution. All SPP titles featured here are now represented at Gardners by Softwood. More SPP titles will be added in the next edition.

Following the success of our first retail catalogue, we're looking forward to establishing even more connections with retailers across the UK. And before you know it, it'll be time for London Book Fair again!



Find us in the Writers' & Artists' Yearbook 2027

Maddy

Maddy Glenn
CEO Softwood Books

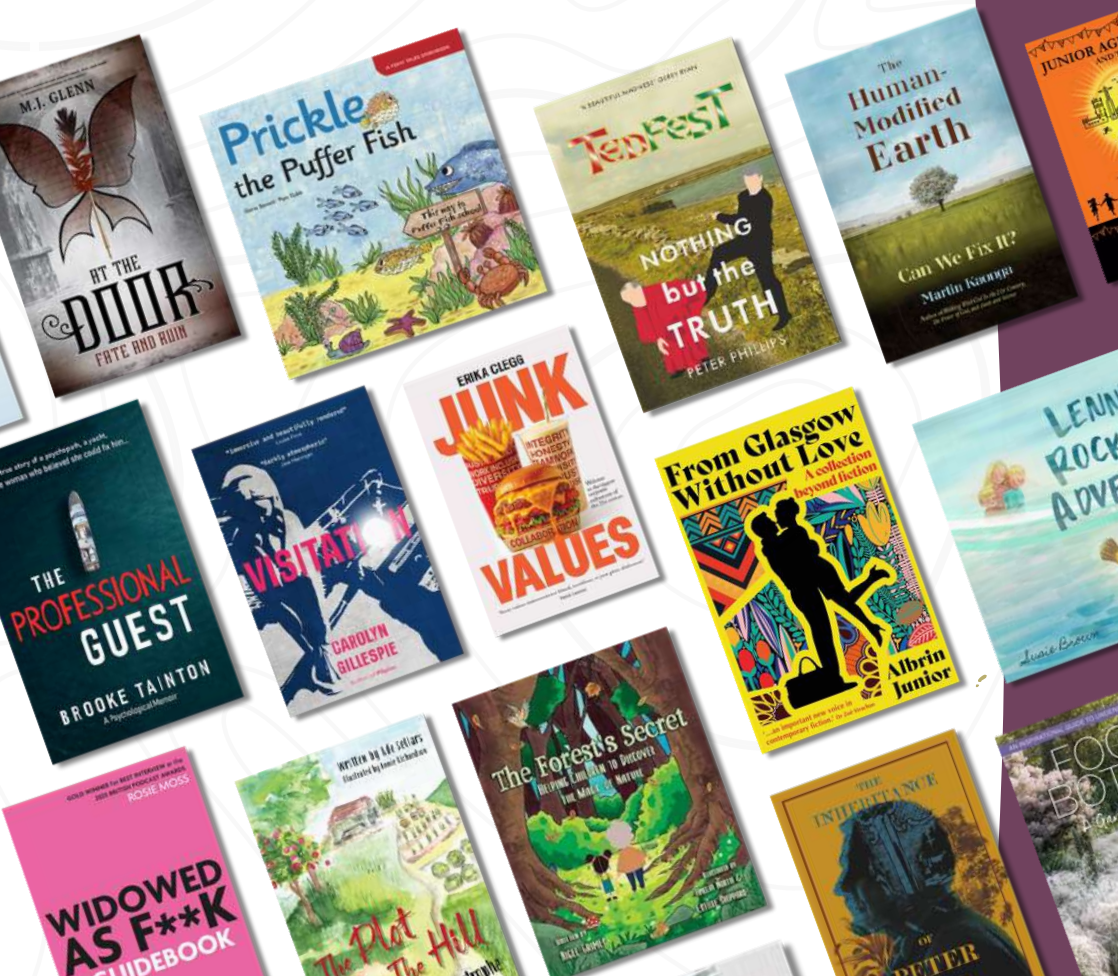
Why stock Softwood titles?

- Gardners distribution
- Returnable stock
- UK independent publisher based in Suffolk
- Wide range of genres and audiences
- Independent authors with distinctive voices
- Human-led professional editing, design and production

All Gardners titles are clearly marked. All other titles can be ordered through Ingram or via Softwood. Please contact our office in the event of any enquiries on hello@softwoodbooks.com.

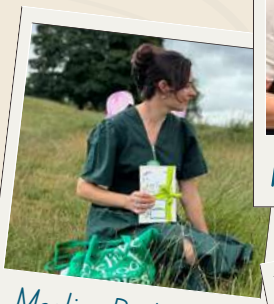
Gardners

INGRAM CONTENT GROUP



Celebrating our community

Business Book Awards



Meeting Book Fairies!

Meeting authors

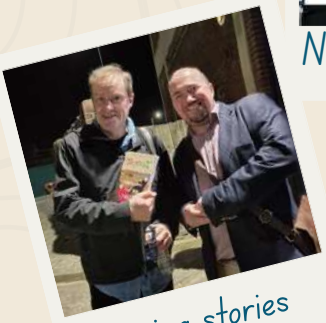
London Book Fair

Launch events

The festival circuit

National coverage

Collaborations



Sharing stories

Supporting authors

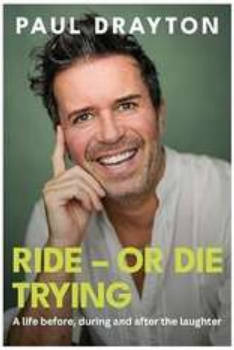
Local radio

"I have got nothing but praise for Softwood's professionalism, enthusiasm, competence and personal helpfulness"
Philip Wood CBE, KC (hon)

" Softwood Books exude GOLD STAR QUALITY"
Judith Thompson

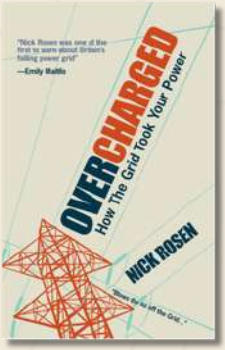
9 Books We Think Readers Will Enjoy

Non-fiction



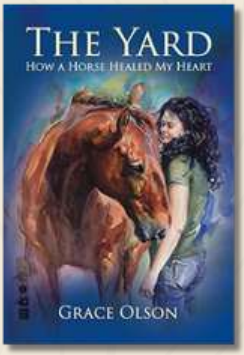
starting again

Non-fiction



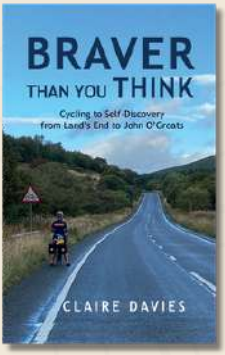
timely exposé

Non-fiction



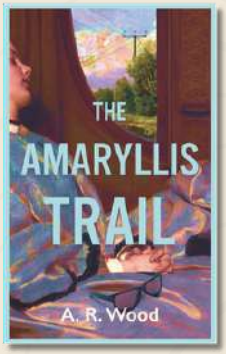
healing journey

Non-fiction



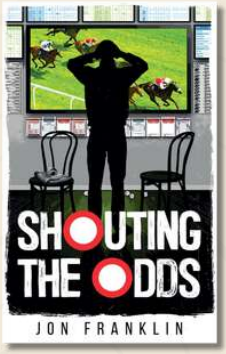
cycling journey

Fiction



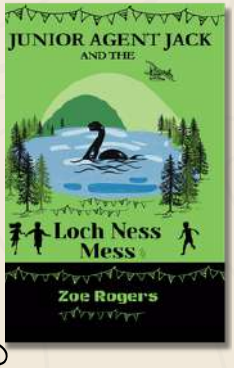
regency splendour

Fiction



family & friendships

Children's

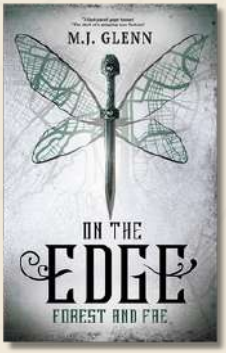


laugh-out-loud

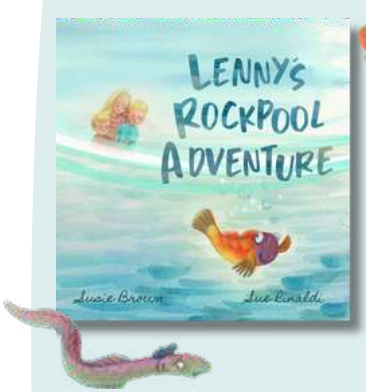
Children's

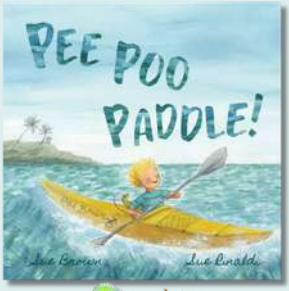
featuring BSL

YA Fantasy



young highwaywoman





Lenny's Rockpool Adventure
9781399980142
21.5 x 21.5cm
£9.99

The Butterfly That Couldn't Fly
9781527280649
21.5x21.5cm
£9.99

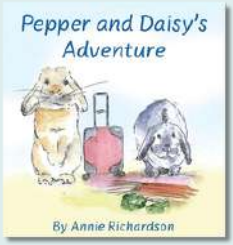
Pee Poo Paddle
9781036934286
21.5 x 21.5cm
£9.99

A charming trio of illustrated picture books celebrating adventure, kindness, and helping others. Through brave quests, playful problem-solving, and gentle friendships with animals, these stories encourage empathy, teamwork, and perseverance. Perfect for children aged 3–7yrs and ideal for sharing with the whole family.

Sue Brown is a swimming instructor and founder of H2GO Swim in Bury St Edmunds, Suffolk. Inspired by her love of children and animals, she is the author of several children's picture books. Illustrated by **Sue Rinaldi**.

Grandpa's Reindeer
9781068398032 p/b
9781068398018 h/b
21.5 x 21.5cm
£7.99 / £16.99

Grandpa surprises his family with hand-crafted wooden reindeer, then something truly magical begins to happen. Aged 3–7yrs.



Pepper and Daisy's Adventure
9781068398049 p/b
9781068398001 h/b
21.5 x 21.5cm
£7.99 / £16.99

Gardners

When adventurous bunnies Daisy and Pepper escape while staying with Grandma and Grandpa, the whole village races to bring them home safely. Aged 3–7yrs.

Annie Richardson is a children's author and illustrator living in rural Suffolk.

Discover the calm, magic and wonder that live just beyond the trees. Learn how to slow down, notice nature and carry the forest's peace with you everywhere you go.

The first section of this book is a beautifully illustrated children's story, which can be used as a mindful story time or as inspiration for outdoor exploration. At the back of the book, you will find information and resources for adults all about Forest Bathing. Suitable for 3+yrs.

Gardners

The Forest's Secret

9781919167701 p/b
978-1919167718 h/b
21.5 x 27.9cm
£12.99 / £14.99

Nigel Grimes is an Advanced NLP (Neuro-Linguistic Programming) Master Practitioner and Life Coach based in London. Illustrated by **Amelia North** and **Estelle Sheppard**.

Jack's First Birthday Adventure

9781738525201 p/b
21 x 21cm
£7.99

Gardners

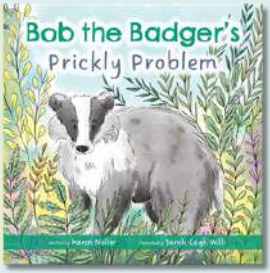
As Little Jack prepares to celebrate his first birthday he is whisked away on a magical adventure to the island of Jingle Jangle.

Bob the Badger's Prickly Problem

9781738525218 p/b
21 x 21cm
£9.99

Gardners

When Bob the Badger is trapped by the wicked Malicio in the magical land of the Fern Fairies, Queen Caitlyn must seek help to save him before it's too late.



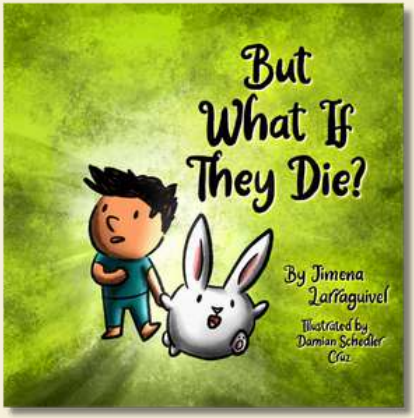
River Trouble at JaCaHe

9781738525225 p/b
21 x 21cm
£9.99

Gardners

In the sequel to the above title, Caitlyn, the Queen of the Fern Fairies, puts her friends in danger just because she wants to win a race. Will she learn her lesson?

Karen Noller is a retired teacher with a passion for story-telling.
Illustrated by **Sarah-Leigh Wills**.



But What If They Die?

9781399994422
21.5 x 21.5cm
£19.99 (h/b)

Gardners

Jimena Larraguivel is a multidisciplinary Mexican artist based in England and also stars in 'Twenty Twenty Six', the popular **BBC** sitcom series from John Morton.

This illustrated children's book is for highly aware and sensitive children with a big imagination, who are also particularly curious and at times anxious about death and dying. It celebrates feeling all the emotions no matter how uncomfortable they are, without trying to fix or avoid them. Illustrated by **Damian Schedler Cruz**. Suitable for 5yrs+.

What If?

9781068476402 p/b
29.7 x 21cm
£10.99

Gardners

This picture book for ages 7+ offers endless possibilities for children (and adults) to explore and imagine the kind of world we might like to live in.

Grandma Georgia's Amazing Handbag

9781068476426 p/b
21.6 x 27.9cm
£10.99

Klara climbs into a handbag to find out how it can hold so many wonderful things. Accompanied by a small black cat, Klara finds herself falling through a magical, amazing adventure in Alice in Wonderland style! Will she ever reach the bottom?

KD Greaves is a Kent-based children's author. Illustrated by **Roberta Magro**.

Gardners

The Wizard's Assistant

A Magical Tale About Honesty

NEW

9781919330105 p/b
216 x 216mm
£7.99

Gardners

Greedy Grimble the Wizard deceives his customers with poor-quality potions, while his kind-hearted assistant, Sincerus, dreams of using magic for good. But when Sincerus conjures his own secret spell, the wizard soon discovers that his lies have unexpected consequences.

This charming 32-page rhyming story blends humour and magic with a timeless morals, making it a captivating read for children aged 3 to 6, as well as a delight for grown-ups too!

"A magical tale with a marvellous message"

Dean Atta BAFTA winning writer & children's author

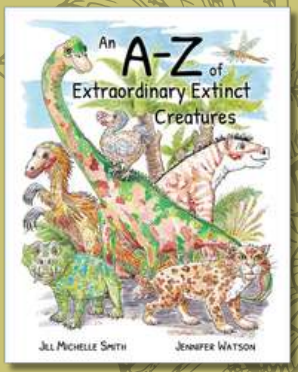
Mel Scott-Avis is the children's author-illustrator behind **Mummy's Fables**, creating colourful, rhyming picture books for children aged 3–6.

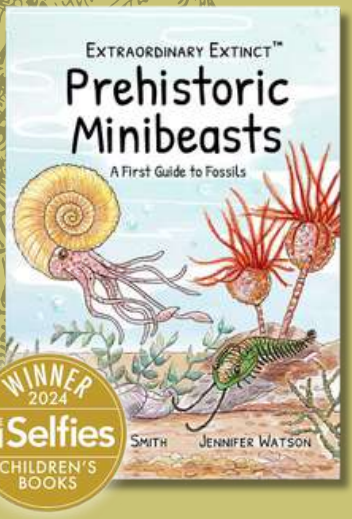
Her stories are designed to entertain young readers while helping adults open up conversations about big everyday lessons, including honesty, kindness, patience and friendship.

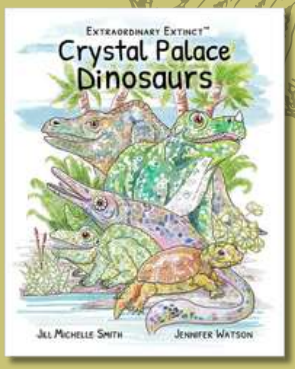
Drawing on her degree in Fine Art and experience as a Research Assistant in Pedagogy, the academic study of how children learn, she set out to create engaging read-aloud stories with meaningful messages woven naturally into the adventure.

AUTHOR VISITS AVAILABLE

Mel has already delivered sessions to more than **one thousand pupils** across schools and nurseries in London.







Discover colourful & award-winning natural history books for 4yrs+.

Extraordinary Extinct™ Prehistoric Minibeasts

9781739461720 p/b
21 x 14cm
£7.99
Gardners

Extraordinary Extinct™ Crystal Palace Dinosaurs

9781739461782 p/b
27.9 x 22.4cm
£8.99
Gardners

An A-Z of Extraordinary Extinct Creatures

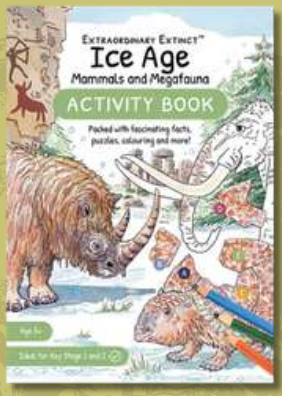
9781527274921 p/b
27.9 x 22.4cm
£7.99
Gardners

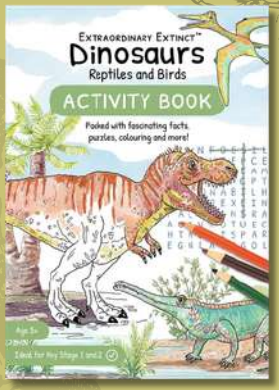
Dinosaurs Activity Book

9781739461799 p/b
27.9 x 21cm
£6.99
Gardners

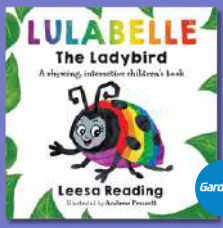
Ice Age Activity Book

9781739461713 p/b
27.9 x 21cm
£6.99
Gardners



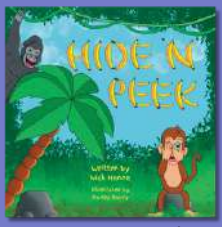


Dodo and Dinosaur® is an award-winning micro publisher and design studio based in Norfolk, founded by mother and daughter team, **Jill Michelle Smith** (illustrator) and **Jennifer Watson** (author).



9781839529573 p/b
21 x 21cm
£8.99

9781036950798 p/b
21.6 x 21.6cm
£9.99

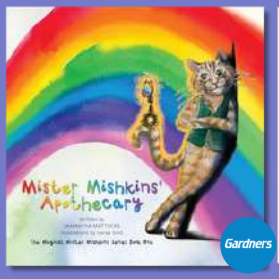


9781738529704 p/b
21.6 x 21.6cm
£7.99

9781839527982 p/b
22 x 22cm
£8.99

9781839527869 p/b
18.9 x 14.6cm
£12.99

9781800689855 p/b
24.4 x 18.9cm
£12.99



9781839527272 p/b
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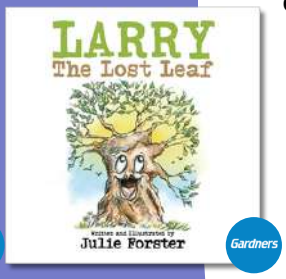
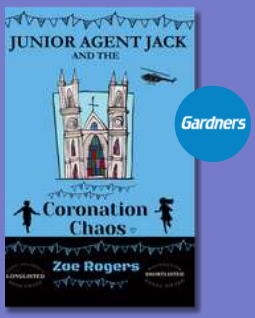
£13.99



9781839529375 p/b
20 x 20cm
£8.99

9781917177061 p/b
19.8 x 12.9cm
£8.99



9781917177023 p/b
19.8 x 12.9cm
£8.99

9781917177047 p/b
19.8 x 12.9cm
£8.99

9781917177085 p/b
19.8 x 12.9cm
£8.99

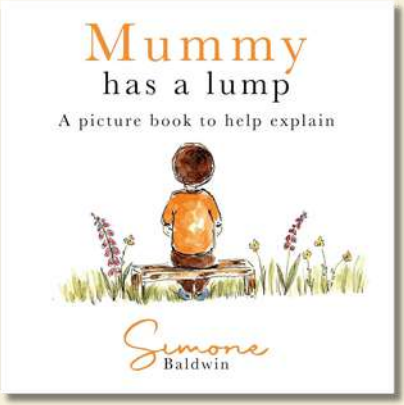
Boglaboo Heights

9781036954055 p/b
27 x 21cm
£10.99

Do you ever wonder what's inside a tree? Well read on... I think you'll be surprised what you see!

Deep inside the mighty oak, little creatures can be found - they are tiny, green and have little houses, deep in the trunk and underground...

Lisa Carter is a Suffolk-based children's author. Illustrated by **Anthony King**.



Mummy Has a Lump

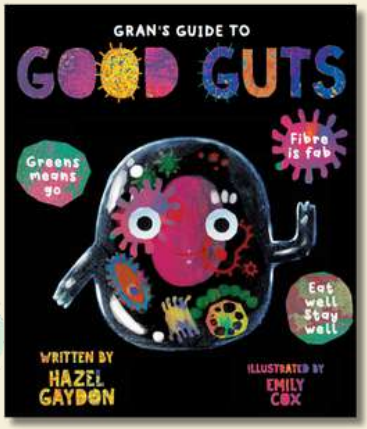
9781839525490
20 x 20cm
£6.99 (h/b)

A paperback picture book to support telling young children that a parent has a tumour or has cancer. The poem is aimed at children aged approximately 4–8 years and can be read together as a supportive way to open discussions, with beautiful illustrations to help children understand.

Simone Baldwin is in demand as a guest on national radio as well as conferences and charity podcasts about her experience explaining her diagnosis of a brain tumour to her family and about the importance of the correct support for diagnosed parents.

Gran's Guides to Good Guts

9781739855703 p/b
29.7 x 21cm
£12.99



"What a brilliant fun way to teach my children something serious & vital for their lives."

Visits to Gran are always special to Zac and Zara. They know she cares for them and wants the very best for their lives. Gran teaches them what is going on inside their bodies and how they can choose to stay healthy and feel well. Aged 4yrs+.

Hazel Gaydon is a retired school teacher from East Sussex. Illustrated by **Emily Cox**.

BEST SELLER

9781839527357 p/b
21 x 14.8cm
£9.99

9781839528804 p/b
21 x 14.8cm
£9.99

9781839528613 p/b
21 x 14.8cm
£9.99

9781839529313 p/b
21 x 14.8cm
£9.99

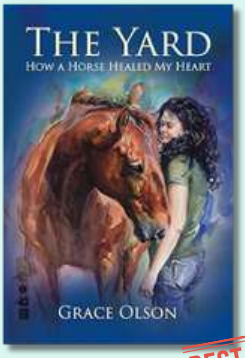
A charming, beautifully illustrated chapter-book series for children aged 5+, combining engaging animal adventures with meaningful life lessons. Each story follows a young lamb facing a relatable challenge, helping children explore themes including **self-belief, individuality, kindness, positivity, family, and belonging.**

These sheepy books are ideal for parents, schools, and independent booksellers looking for stories that entertain while encouraging positive values and emotional development.

Grace Olson

As seen on Channel 5's 'The Yorkshire Vet'

Grace Olson is a Yorkshire-based therapist, author, and animal-assisted wellbeing practitioner. She is best known for her memoirs The Yard and The Farm, children's book Merlin Finds His Magic, and her much-loved therapy sheep.



BEST SELLER

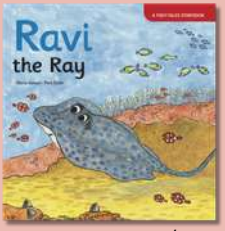
9781839525117 p/b
19.6 x 13.4cm
£12.99

An uplifting story of horses, friendship and healing, as one woman rediscovers hope and herself through an unexpected equestrian adventure.

9781839527821 p/b
19.6 x 13.4cm
£12.99

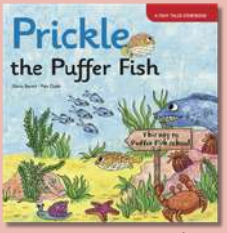
A joyful, moving tale of horses, resilience and self-discovery as Grace confronts her past, finds her self-worth and embraces new beginnings.

"COMBINING SCIENTIFIC FACTS WITH FUN UNDERWATER STORYLINES"



9781838064358 p/b
21 x 21cm
£8.99

9781838064310 p/b
21 x 21cm
£8.99



9781838064334 p/b
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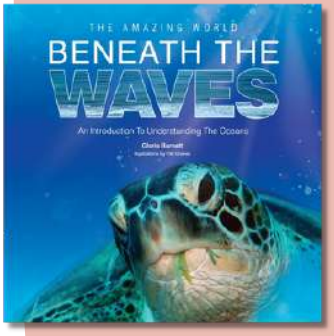
£8.99



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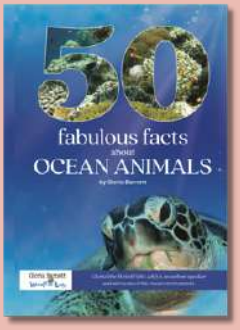
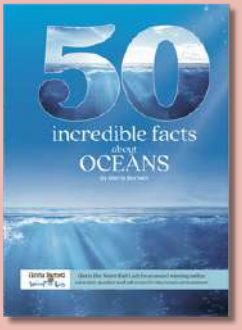
£20.00

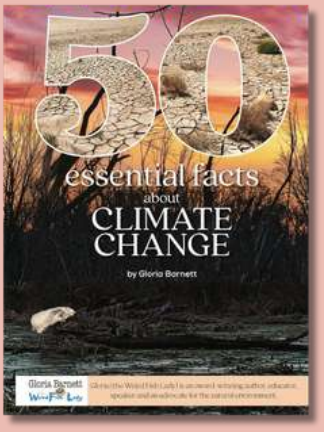


9781838064389 p/b
21 x 14.8cm
£9.99



9781739308421 p/b
22.9 x 15.2cm
£8.99

"I admire the clarity, structure, and optimism Gloria brings to a subject that is both urgent and often overwhelming"



9781739308414 p/b
23.4 x 15.6cm
£8.99

A topical book of facts and images for anyone curious about climate change. The 50 easy-to-understand facts explore the challenges facing our planet and how we can work together to make a difference. Engaging images bring the information to life for readers aged 6–18+ and inspire curiosity about the world around them.

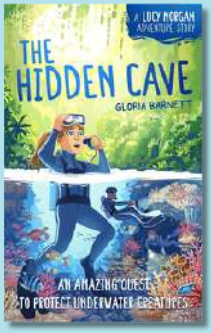
Gloria Barnett is a science education consultant from Kent. She has also explored the oceans of our planet as a qualified scuba diver.

Gardners

9781838064327 p/b
12.7 x 20.4cm
£8.99

Gardners

9781838064303 p/b
12.7 x 20.4cm
£8.99



Gardners

9781838064341 p/b
12.7 x 20.4cm
£8.99

Discover the award-winning **Lucy Morgan Series**, suitable for children 8yrs+, helping promote a love of the natural environment and helping them discover that they can make a difference to the world through actions however small.

WINNER 2025 INDEPENDENT PRESS AWARD
INDEPENDENT
PRESS AWARD

Gardners

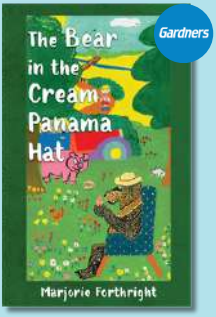
9781068476433 p/b
12.7 x 20.3cm
£9.99

Gardners

9781068476419 p/b
12.7 x 20.3cm
£9.99

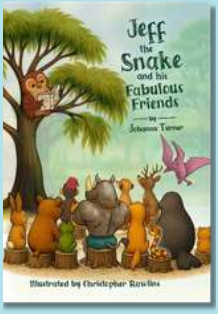
Gardners

9781919330303 p/b
14 x 21.6cm
£12.99



Gardners

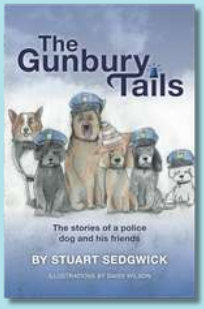
9781739556914 p/b
20.3 x 12.7cm
£10.99



9781919318820 p/b
21 x 14.8cm
£12.99

Gardners

9781839527265 p/b
28.1 x 22.3cm
£8.99



9781068525124 p/b
21.6 x 14cm
£7.99

The Plot on the Hill

NEW

9781036990800 p/b
20.3 x 12.7cm
£9.99

Discover a very special vegetable plot, where magic and mischief are just as likely to be found as beans and potatoes.

Ade Sellars is a garden designer, TV presenter, writer and award-winning content producer, best known as The Good Life Gardener. A former television producer, he has appeared on ITV's Alan Titchmarsh's Gardening Club, QVC and BBC Radio, and regularly shares his gardening expertise on TV, radio, and at events across the UK. He is also the creator of award-winning YouTube series Down The Garden Path. Illustrated by **Annie Richardson**.

Matty McDuff's Adventures: The Great Computer Suite Heist

9781036951269 p/b
21.6 x 14cm
£7.99

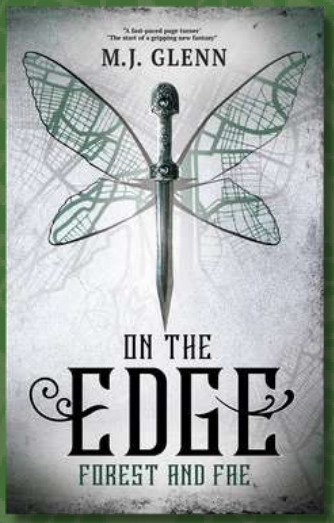
Gardners

Matty is a lively 10-year-old boy who is deaf and wears hearing aids, and he loves going on adventures with his friends.
His stories are filled with excitement, friendship, and the challenges he faces, making them relatable to all children, especially those in the Deaf Community.

Annabelle James is a hard-of-hearing author and the creator of Matty McDuff, inspired by her own experiences growing up deaf. She is passionate about Deaf representation in children's books and includes British Sign Language in her books to connect with the Deaf community. Illustrated by **Willow French**.

PROMOTING REPRESENTATION

"My biggest hope for Matty is that he helps to make deaf children feel included, that they can look in their school library and find a book they can relate to, a character who makes them feel valued and involved." Annabelle James



"A fun adventure series with a feisty young heroine"

"A fantasy world you'll want to come back to"

On the Edge: Forest and Fae

9781838173500 p/b
9781838173548 h/b
12.9 x 19.8cm
£12.99 / £18.99

Gardners

In the Dark: Ash and Shadow

9781838173524 p/b
9781838173555 h/b
12.9 x 19.8cm
£12.99 / £18.99

Gardners

SPECIAL EDITION

For two years, Ebony Wick has survived alone as an outlaw and highwaywoman in Rundlewood Forest. She doesn't need people. She only needs to survive. But when Hunter Sparrow breaks into her camp and invites her to join his gang, the Bounty Hunters, she finds herself facing a difficult choice.

With a burning desire for revenge against a powerful enemy, Ebony must choose between reason and instinct. But in doing so, she discovers a long-hidden secret that will change her world forever.

MJ Glenn is author of The Dwelling Hunter Series and is Director of a successful publishing house.

At the Door: Fate and Ruin

9781068150913 p/b
9781068150920 h/b
12.9 x 19.8cm
£12.99 / £18.99

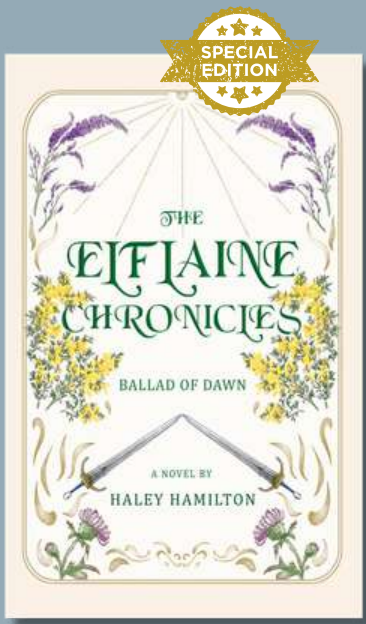
Gardners

9781739356101 p/b
12.8 x 19.8cm
£13.99

9781739356118 p/b
12.8 x 19.8cm
£14.99

In a kingdom that has lost its way, at a time when there are few bright things left to stop the carriage for, a young woman jumps out of a window and blazes an unexpected trail.

Rebecca Fox is the Suffolk-based author of the Landfelian Adventure series.



The Elflaine Chronicles: Ballad of Dawn

9788990578517 p/b
9798990578524 h/b
12.7 x 20.3cm
£35.99 / £39.99

Gardners

The Elflaine Chronicles: Song of Starlight

9798990578579 p/b
9798990578562 h/b
12.7 x 20.3cm
£35.99 / £39.99

Gardners

There is magic, still, in Scotland. Elflaine, the fabled faerie realm, was supposed to be a myth. Ailia Danu certainly never expected her older sister, Elideh, to find it.

Both titles are available in beautiful special editions:
Paperbacks: **foiling** and **digital edge printing**
Hardbacks: **Spot UV** finish with **sprayed edges**

Haley Hamilton is a very successful American bookstagramer (@haley.h.writes) and Romantasy author.

Cheetah: Caught in Conflict

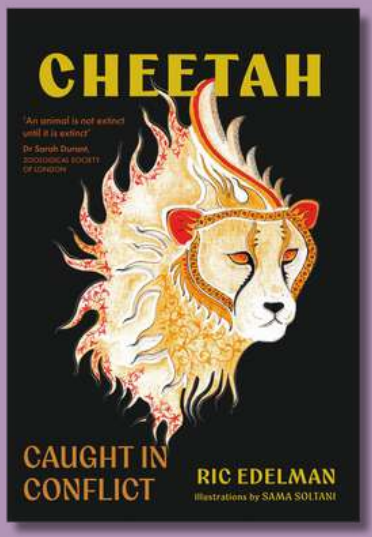
9781068628733 h/b + jacket
15.2 x 22.9cm
RRP £19.99

Gardners

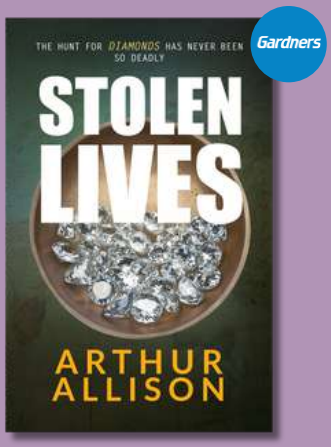
Inspired by true events, CHEETAH is a love song to the fabled Asiatic cheetah itself, to the richness of Persian culture, to the golden-hearted people that the author met, and to the resilience of the human spirit.

"A tale that cleverly weaves in and out of village suspense and conflict"

Shahin Bekhradnia



Ric Edelman is a Suffolk-based author and playwright. Illustrated by Kurdish Iranian painter **Sama Soltani**.



Gardners

9781068150944 p/b
12.7 x 20.3cm
£14.99

Michael Ashton expects a routine security job at a Congolese diamond mine, until girls start vanishing without trace. As he uncovers a conspiracy reaching into European and British power, his pursuit of justice becomes a deadly race.

Zimbabwean-born **Arthur Allison** spent his early years as a soldier in the African bush before a long career in London finance and a successful safari business.

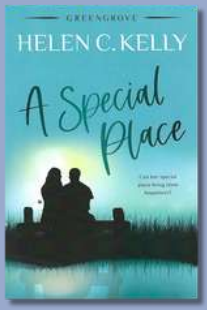
9781919412405 p/b
20.3 x 12.7cm
£11.99

Two young women from Cornwall arrive at university in London, only to find their mysterious flatmate draws them into a dangerous Middle-Eastern power struggle.

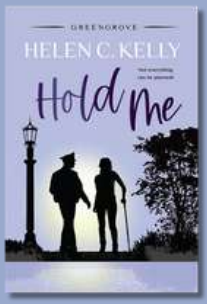
With an MI6 agent and an unusually clever pet rat on their side, they must navigate violence, secrets, and complicated love lives. A fast-paced thriller with an unexpected twist.

Peter Spencer was a Sky News political correspondent from 1991 to 2013. He now works as a strictly dispassionate political commentator on GB News and is the author of several books.

"A fast moving, deliciously provocative adventure"



9781739607449 p/b
12.8 x 19.8cm
£13.99

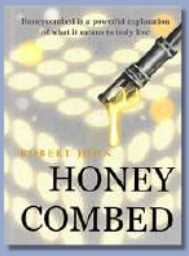


9781739607463 p/b
12.8 x 19.8cm
£13.99

9781739607432 p/b
12.8 x 19.8cm
£13.99

9781739619718 p/b
12.8 x 19.8cm
£13.99

9781036917197 p/b
14.8 x 21cm
£16.99



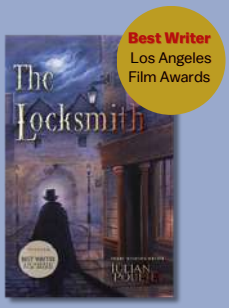
9781036901615 p/b
12.7 x 20.3cm
£12.99

9781739092207 p/b
12.7 x 20.3cm
£15.99

9781036909499 p/b
12.7 x 20.3cm
£17.99

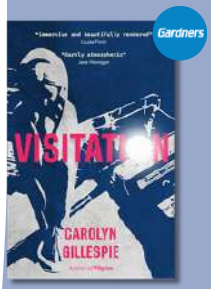
9781738570607 p/b
12.7 x 20.3cm
£12.99

9781068410307 p/b
12.7 x 20.3cm
£12.99

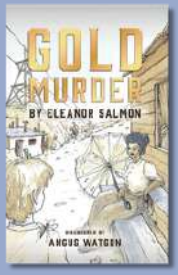


9781916838536 p/b
12.7 x 20.3cm
£13.99

9781739619701 p/b
15.2 x 22.9cm
£16.99

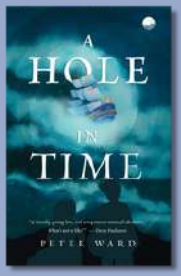


9781068150968 p/b
12.8 x 19.8cm
£11.99

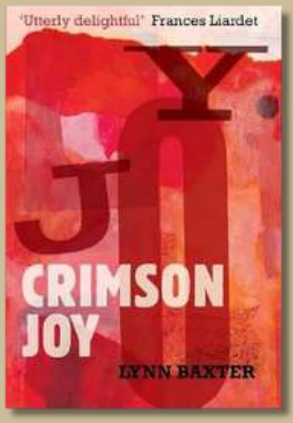


9781919263106 p/b
12.7 x 20.3cm
£13.99

9781068513404 p/b
15.2 x 22.8cm
£12.99



9781068150999 p/b
12.7 x 20.3cm
£13.99



NEW

9781918428551 p/b
19.7 x 13.4cm
£12.99

Gardners

Ten years after heartbreak tore them apart, Mae and Damian find themselves drawn back into an intense and complicated love. Set among colourful characters, including Mae's Blake-obsessed adoptive father, Crimson Joy is a witty and emotionally rich novel about obsession, identity, resilience and the consequences of our choices.

Lynn Baxter is an award-winning artist, sculptor, and writer living in Somerset, whose career spans publishing, theatre, and the arts.

Gardners

An evocative collection of ten stories exploring love, immigration, and identity between Nigeria and Glasgow.

Albrin Junior is an award-winning author, poet, scriptwriter, and director. His novel, Naked Coin, was a runner up at the Akachi Ezeigbo prize for literature and won the Lagos Book House Award for the Book of the year in 2020. Born in Lagos Nigeria, Albrin was honoured with African Excellence Award by the University of Glasgow.

978-1839528767 p/b
19.6 x 13.3cm
£14.99

BEST SELLER

Gardners

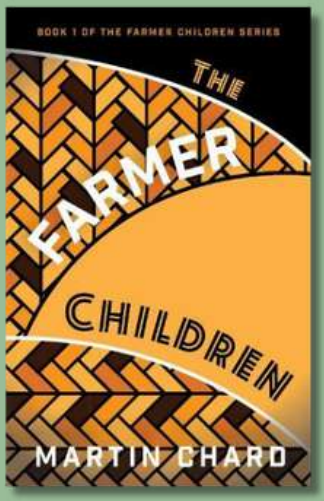
9789153134350 p/b
12.7 x 20.3cm
£13.99

Gardners

9789153158264 p/b
12.7 x 20.3cm
£14.99

Set in 1990s Nottingham, these enjoyable novels follow Andy Cooper from devastating family loss into the unpredictable world of horse racing. Across two gripping stories, Andy finds friendship, hope, and second chances as he faces the risks and rewards of life at the racetrack. A heartfelt portrait of Nottingham, horseracing and resilience, filled with colourful characters and unexpected twists.

Jon Franklin is a Swedish-based author and former professional racecourse photographer whose 30-year career in betting and racing inspired his novels.

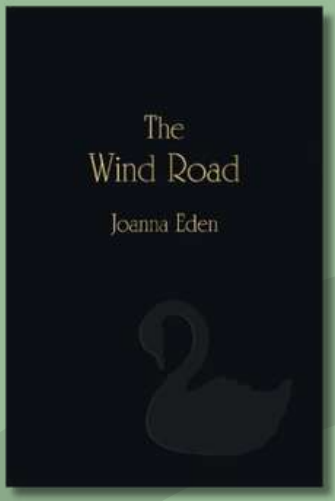


The Wind Road

9781839529863 h/b
19.8 x 12.9cm
£16.99

NEW

Gardners



The Farmer Children

9781919542102 p/b
20.3 x 12.7cm
£9.99

Gardners

Celefar is broken. As crop failure, a mysterious sickness and a deadly animal infection grip the farms, Alexander begins to question the Governors' promise of salvation—and the sinister truth behind it. The first dystopian thriller from **Martin Chard**.

The willow-tree girl slipped from the stable and skipped up the road, as though she went not into a poorly ventilated, overworked mine tunnel a mile-and-a-half underground, but into the deep dark magic of a faerie mound. . .

Inspired by actual events, The Wind Road by **Joanna Eden** tells the story of the men who survived the 1934 Gresford Colliery disaster, the hundreds who died, and the four-year-old girl who set them free.

BEST SELLER

Girls to the Front

NEW

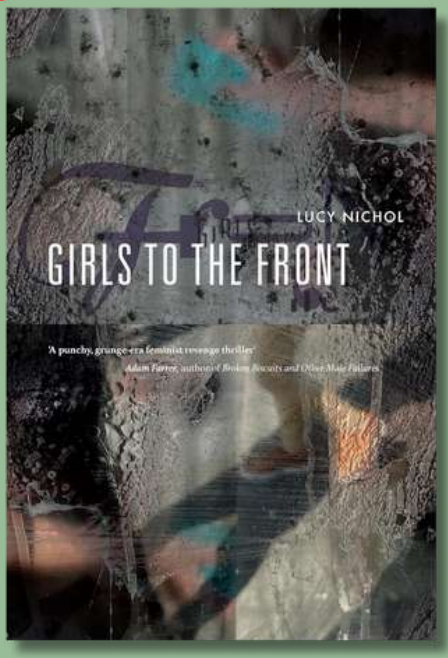
9781839529634 p/b
13.4 x 10.7cm
£10.99

Gardners

Girls to the Front is a found-footage feminist revenge thriller set against the backdrop of the 90s alternative music scene from the writer of The Twenty Seven Club, Parklife, and When Sally Killed Harry, **Lucy Nichol**.

When Roma finds an old VHS tape in a house clearance box, she's drawn into a deadly crime that took place over 30 years ago. Roma's discoveries lead her towards a rock band with a bad reputation – and a meeting with a mysterious woman named Kat. But are the crimes on the tape really confined to the past?

A revenge thriller teeming with feminist fury and 90s nostalgia.



All Wrapped Up

BEST SELLER

Larry Lamb

9781838173562 p/b
12.9 x 19.8cm
£9.99

Gardners

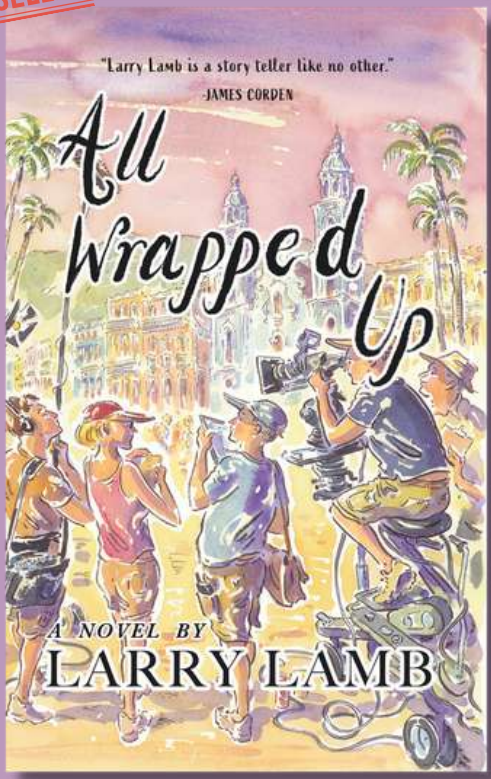
AS SEEN ON TV

Amidst political turmoil on a Caribbean Island, the first assistant director is determined to see his film through - if the chaos doesn't consume them first.

Between managing an impossible lead actor, navigating power struggles on and off set, and a crew member vanishing under mysterious circumstances, the production is at risk of falling apart.

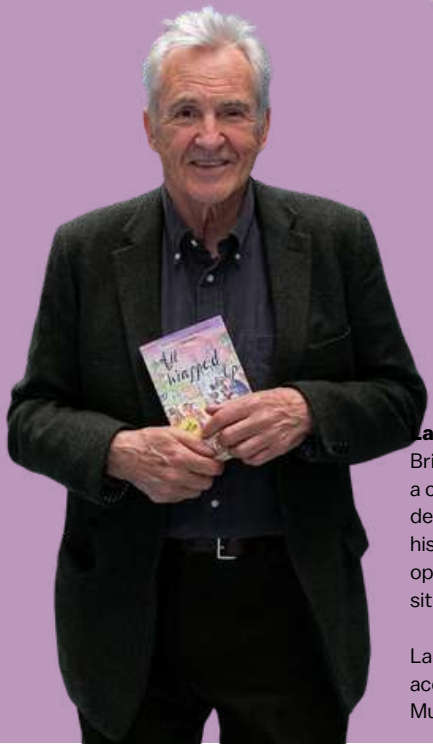
Blending sharp dialogue, rich behind-the-scenes detail, and the grit of a top-notch crew, All Wrapped Up is a compelling portrait of non-blockbuster filmmaking under fire - where the real battle isn't just on screen.

Informed by his years of experience in film and television, **Larry Lamb** gives an inside look at the industry; the trials, tribulations, and hard won successes of producing a piece of cinema.



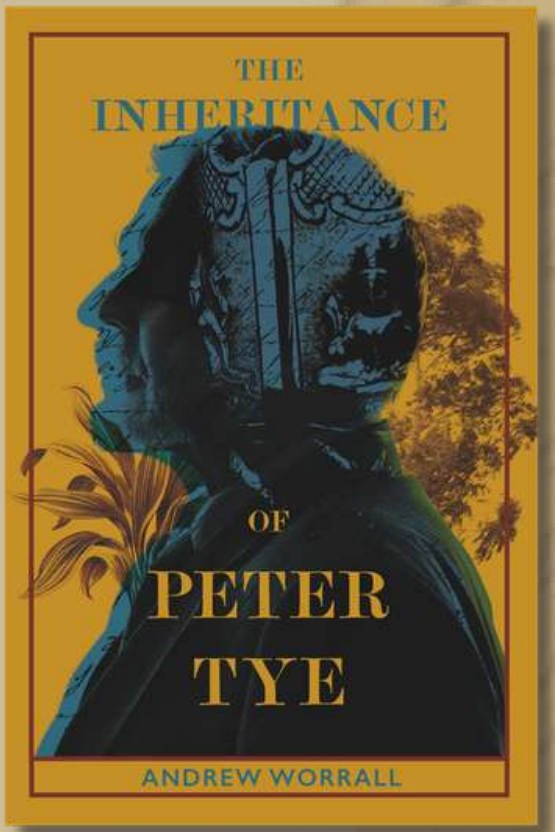
"Larry Lamb is a storyteller like no other"
James Corden

"Smart & sexy"
Celia Imrie



Larry Lamb is a well-known British actor and presenter with a career spanning several decades, best recognised for his acting roles in the BBC soap opera 'EastEnders' and the sitcom 'Gavin & Stacey'.

Larry published his critically acclaimed autobiography, Mummy's Boy, in 2011.



The Inheritance of Peter Tye

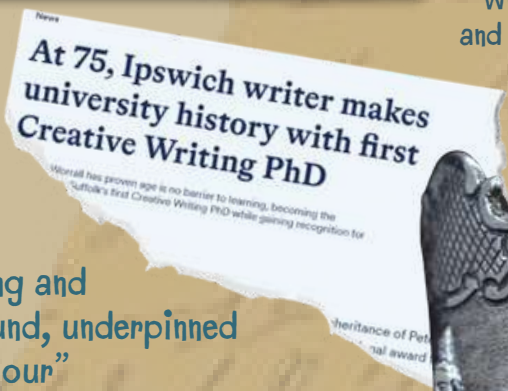
Andrew Worrall
9781919234908 p/b
13.9 x 21.5
£14.99

9781919234915 h/b with dust jacket
15.2 x 22.8cm
£24.99

A smudged 19th-century newspaper cutting leads a seasoned genealogist from an Ipswich churchyard to Australia, India, and back again. As the past grows louder, Peter is forced to confront not just history, but his own guarded heart.

Longlisted for the McKitterick Prize

"Wonderful story-telling and a pleasure to read"


News

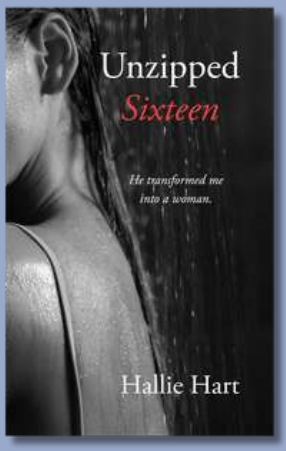
At 75, Ipswich writer makes university history with first Creative Writing PhD

Worrall has proven age is no barrier to learning, becoming the Suffolk's first Creative Writing PhD while gaining recognition for

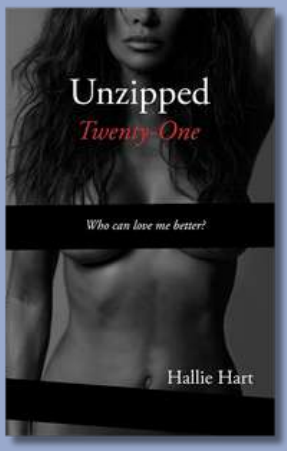
heritance of Pet
nal award

"Moving and profound, underpinned by humour"

Dr Andrew Worrall is a novelist and lifelong educator with over twenty-five years' experience teaching English and Performing Arts and a further fifteen as an Educational Adviser, Education Officer, Assistant Director of Children's Services, and government consultant.



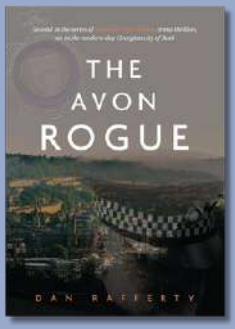
9798988458906 p/b
20.3 x 12.7cm
£13.99
18+



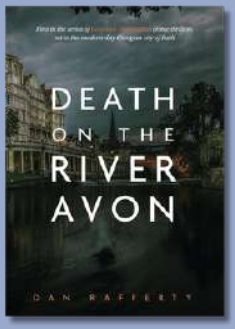
9798988458920 p/b
20.3 x 12.7cm
£13.99
18+

"A literary joyride filled with lust, love, opulence, celebrity, fashion & jet setting!"

Hallie Hart is a filmmaker, novelist, and internationally recognised visual artist whose work explores power, identity, and the quiet transformation of reluctant heroines. She is the author of the Unzipped series and the writer of multiple original feature screenplays, limited series, and short films.



9781839529610 p/b
14.8 x 21 cm
£15.99
Gardners



9781839529511 p/b
15.2 x 22.8 cm
£15.99
Gardners

Discover the Detective Dan Skelton crime thrillers, set in the modern-day Georgian city of Bath.

Author **Dan Rafferty** was born near Glasgow and began his career in law before moving to London and establishing a successful career in finance. For twenty years, he worked as an independent expert witness in the High Court of Justice before retiring to write crime novels.

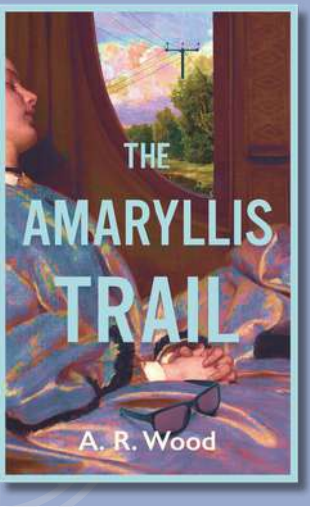
NEW

9780953233861 p/b
20.3 x 12.7 cm
£8.99
Gardners

At twenty years old, Lady Marianne is obliged to venture through the gates of Magnificent House and into a world far removed from her sheltered upbringing.

Travelling with her wise mentor and coachman, Ted, she embarks on a journey that opens her eyes to the wonders of the wider world and to a life she is much more suited to: honesty. In the diary pages written in her 'best copperplate writing', Marianne shares her scatter-brained, off-beat ramblings with candid wit and disarming honesty.

Andy Wood is a Dorset-based writer. The Amaryllis Trail is his first regency-inspired novel.

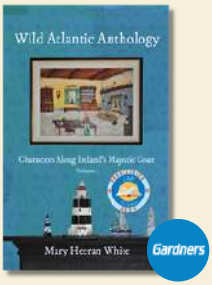


9781738462803 p/b
12.7 x 20.3cm
£14.99

9781738462810 p/b
12.7 x 20.3cm
£15.99

9781918428056 p/b
19.7 x 13.4cm
£12.99

978-1839529832 h/b
20.3 x 14cm
£17.00



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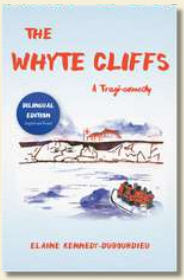
£11.99



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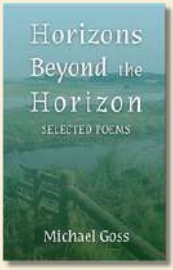
£12.99



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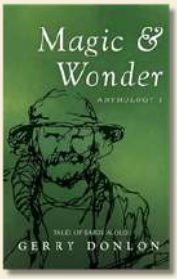
£13.99

9781066658107 p/b
12.7 x 20.3cm
£9.99



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£8.99

9781068259616 p/b
12.7 x 20.3cm
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9781919318882 p/b
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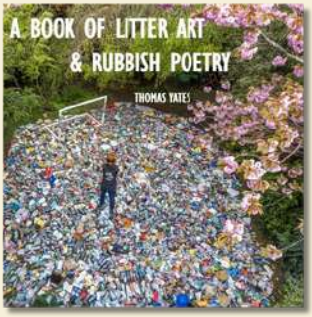
9781399995337 p/b
21 x 14.8
£8.99

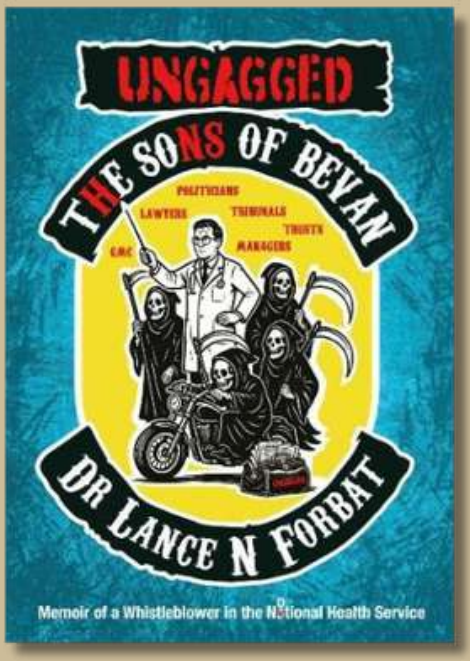


AS SEEN ON TV

COMING SOON

9781036995850 p/b

Take a journey inside the mind of a litter picking artist and poet. 'A Book of Litter Art and Rubbish Poetry' says it all. In his debut book, **Thomas Yates** delivers the harsh reality of the mess we see every day, whilst also touching on his own personal issues, in fifty-one powerful poems which accompany his unique, vivid, and thought-provoking artwork. The collection is brutally honest, funny, sad, imaginative, serious, light-hearted, depressing, and full of raw emotion and frustration.



9781918428483 p/b
£14.99

Gardners

Ungagged: A memoir of a Whistleblower in the NHS

This book is about the experiences of a doctor whose career crossed paths with bad or misguided individuals who continue to have a disruptive influence on the safe functioning of our NHS.

It is not aimed at the majority of good honest people who comprise this enormous workforce, however, it does not exonerate all those who turn a blind eye or look the other way when things around them are wrong and where it is in their power to intervene. Ungagged exposes the harm done to the service by relatively few who have a vast influence in the system. The survival of the institution is seen to trump the original aims of the NHS, that is, to provide patients with a safe service.

In his memoir, **Dr Lance Forbat** explores the human characteristics of love, loyalty, and ordinary people trying (and failing) to find the right way to do the wrong things.

Icarus Plummeting: Human or Cyborg?

Healthcare's trajectory in our digital age

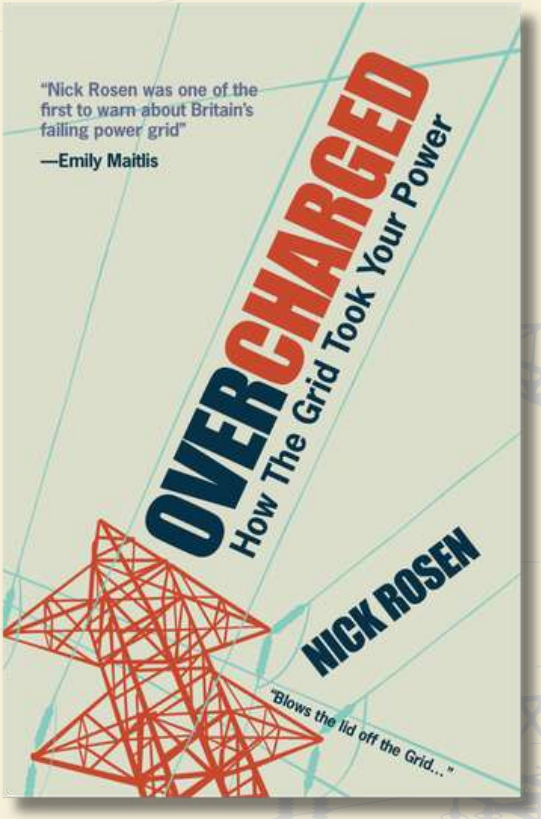
9781918811247 p/b

NEW EDITION COMING SOON

"A timely and much needed read"

Icarus Plummeting is a short but substantial and engaging read. **David Zigmond**, a veteran GP and psychiatrist, draws from his diaries and notebooks of several decades to now present authentic vignettes.

These vividly written stories describe personal interactions and meanings in healthcare, and how they have changed over a professional lifetime. The prose in Icarus is precise yet poetic, vivid and colourful. Insights are sharp yet sometimes playful. He shows how our success with science has often pushed aside, then flattened, our personal engagements and understandings. Proliferating treatments are vaunted, but care becomes neglected and destitute.
This book will stimulate your mind, warm your heart .... yet chill your foresight.



NEW

Overcharged

How the Grid took your power

9780957432253 p/b
20.3 x 12.7cm
£13.99

Gardners

What reviewers say about the author:

"Nick Rosen was one of the first to warn about Britain's failing power grid"
Emily Matilis

"Timely and highly readable"
Sunday Telegraph

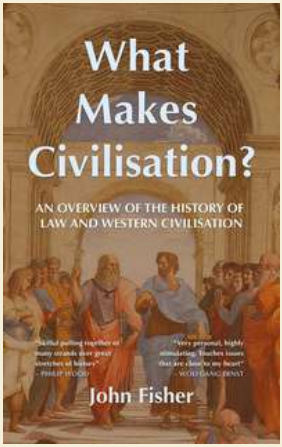
In the 1920s, electricity companies spent millions introducing the Grid as Britain's new domestic servant – a quiet helper waiting inside the wall – ready to boil the kettle and warm the hearth, all for a few pennies. Electricity became universal, and indispensable. After nationalisation, the servant became a civil servant – a distant agent – inefficient and impersonal. Then came privatisation, and the civil servant became an aloof accountant offering an array of charges and tariffs.

Now the Grid has morphed again – into a controller. Smart meters influence when people can wash clothes or heat homes. Apps offer rewards for switching appliances off, or restrict car charging when demand is high. Instead of strengthening the system around our lives, the Grid expects us to arrange our lives around the system. Meanwhile AI demands immense electricity supplies, just as it is being introduced to manage the increasingly complex network – becoming both the grid manager and one of its most power-hungry customers.

When electricity becomes scarce, who will be asked to switch off first?

Nick Rosen is an award-winning documentary-maker, journalist and media analyst. He has worked in Latin America, India and Europe and produced and directed documentaries for ITV, Channel 4 (including Brezhnev's Daughter which won Best International Programme: New York Film and TV Festival 1994, and the widely praised documentary for PBS and C4 about the rebuilding of the World Trade Center in New York) and for BBC Radio 4. His articles have appeared in the Times, Sunday Times, Mail on Sunday and Washington Post.

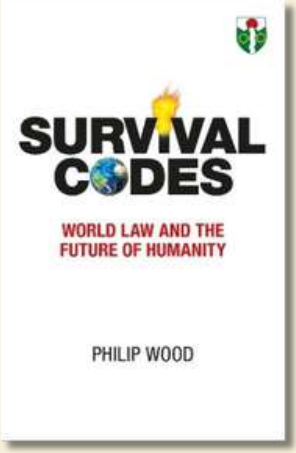
Nick's bestselling book 'Off the Grid: Inside the Movement for More Space, Less Government, and True Independence in Modern America' was published by Penguin Random House in 2010.



9781919414300 p/b
21.6 x 14cm
£12.99

Gardners

What Makes Civilisation? explores over 3,000 years of Western history through the often-overlooked role of law, from the Mycenaeans to the present day. Drawing on decades of legal experience in the UK and Hong Kong, **John Fisher** examines why law is fundamental to civilisation and considers its future in the modern world.

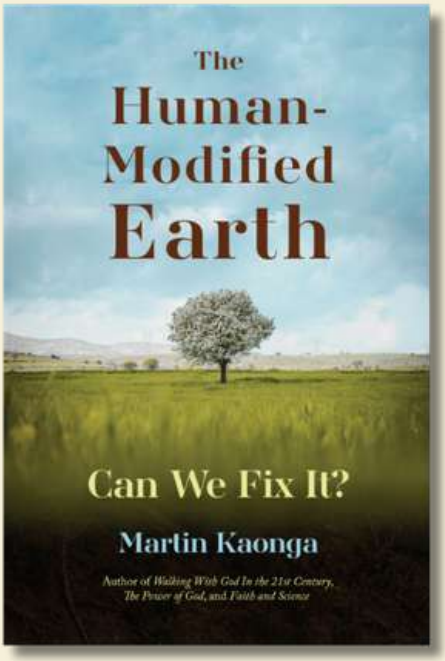


9781919318837 p/b
23.3 x 15cm
£12.99

Gardners

This powerful and accessible guide explores how law underpins societies worldwide and why it is essential to humanity's future. Covering everything from democracy and AI to crime, finance, property, war and international law, it asks whether our legal systems can protect us from a crisis of our own making.

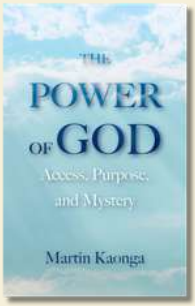
Philip Wood CBE, KC (Hon) is a world-renowned legal authority, author of more than 25 books and former City solicitor who has taught at Oxford and Cambridge. He has lectured at over 80 universities and received two honours from Queen Elizabeth II.



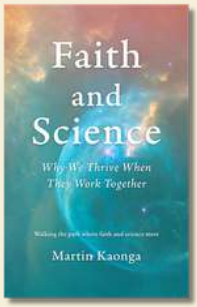
NEW

9781068650246 p/b
22.9 x 15.2cm
£26.99

Examining the values driving ecological decline and offering hope that restoration begins with both environmental action and human renewal.

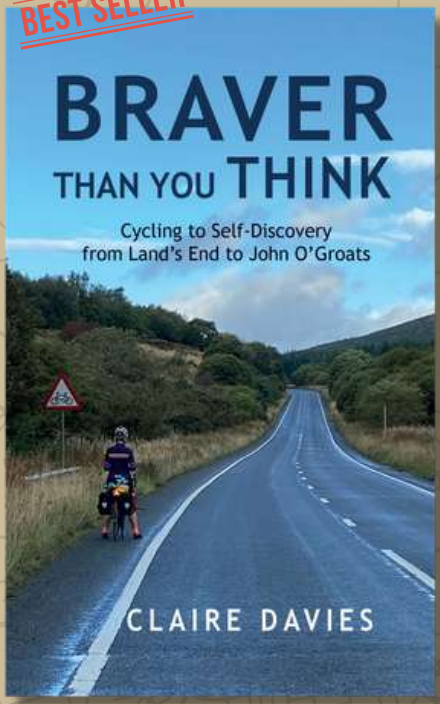


9781068650222 p/b
22.9 x 15.2cm
£19.99



9781068650208 p/b
22.9 x 15.2cm
£19.99

Dr Martin Kaonga is an internationally recognised author, pastor, scientist and sustainability specialist with over 35 years' experience spanning ministry, academia, environmental science and international development. Holding two PhDs, including one from the University of Cambridge, he brings together Christian faith and scientific understanding to champion environmental stewardship and sustainable solutions.



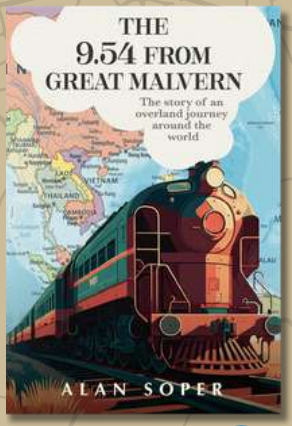
9781068464331 p/b
9781068464317 h/b
12.7 x 20.3cm / 15.2 x 22.8cm
£12.99 / £27.99

Gardners

"A powerful account of a journey that proves 'This Girl Can'"

Are you braver than you think? That's the question **Claire Davies** began asking herself as she cycled from Land's End to John O'Groats, ill-prepared, unsupported, and alone.

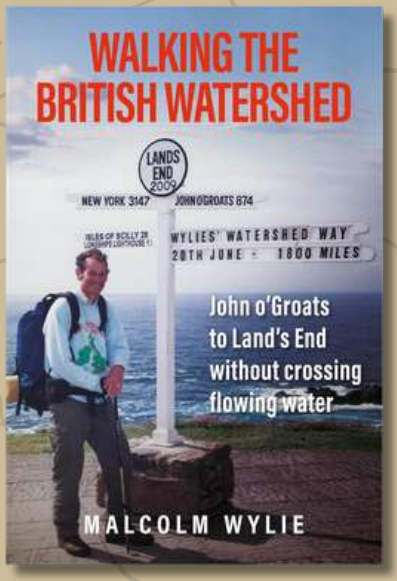
On one level, this book is a travelogue, a day-by-day account of an iconic British journey, to be enjoyed as much by those with real aspirations of cycling from Land's End to John O'Groats as by armchair cycle tourers.



9781918428278 p/b
19.7 x 13.34cm
£12.99

Gardners

An overland journey around the world by **Alan Soper**, beginning in Great Malvern and travelling by public transport – from the Trans-Siberian and Tibetan railways to Malaysia's Jungle Line, Australia's Indian Pacific and Amtrak. Crossing the Pacific by container ship, the author encounters people and cultures across the globe, discovering our shared humanity and the generosity of strangers along the way.

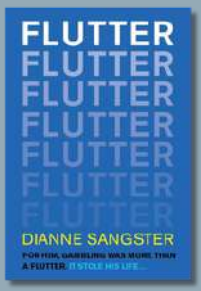


9781839529894 h/b
23.4 x 15.6cm
£19.99

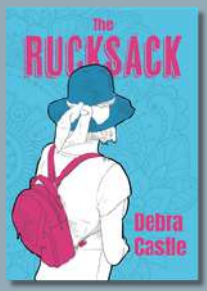
Gardners

from the grandeur of the Scottish Highlands to the serenity of the Cotswolds, **Malcolm Wylie** pioneered a walk from John o'Groats to Land's End between 1996 and 2009, along the British Watershed – in other words not crossing flowing water.

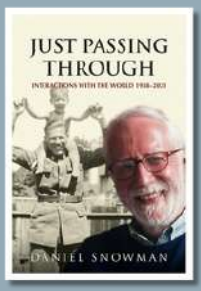
"One of the great UK long-distance walks"



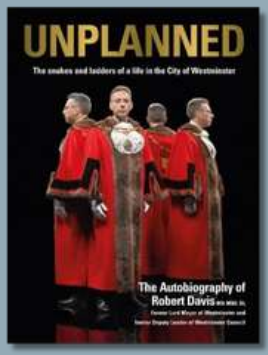
9781839529160 p/b
£10.99



9781839529290 p/b
£11.99



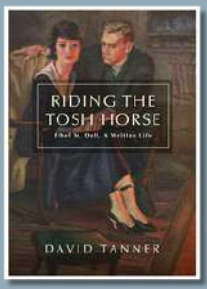
9781839522864 p/b
£15.00



Gardners

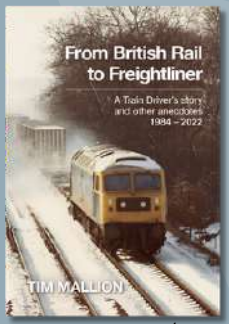
9781839524554 h/b
£40

From dining at Buckingham Palace with Nelson Mandela to an A-list private dinner with Boris Johnson and the Mayor of New York, **Robert Davis** is not only the longest-serving councillor in the city's history but the youngest Lord Mayor of Westminster and the longest-serving Deputy Leader.



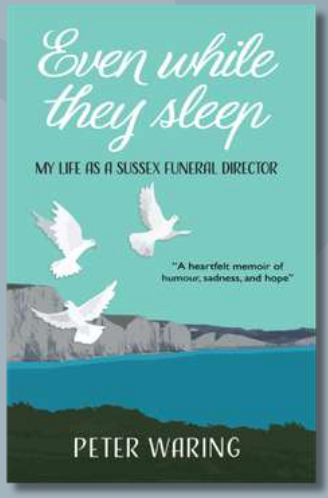
9781839527203 p/b
£13.99

9781068377600 p/b
£12.99



Train Driver

9781738421602 p/b
£19.99



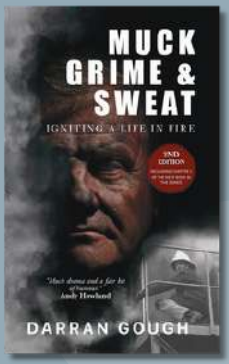
Funeral Director

Gardners

9780952619727 p/b
23.4 x 15.5cm
£13.99

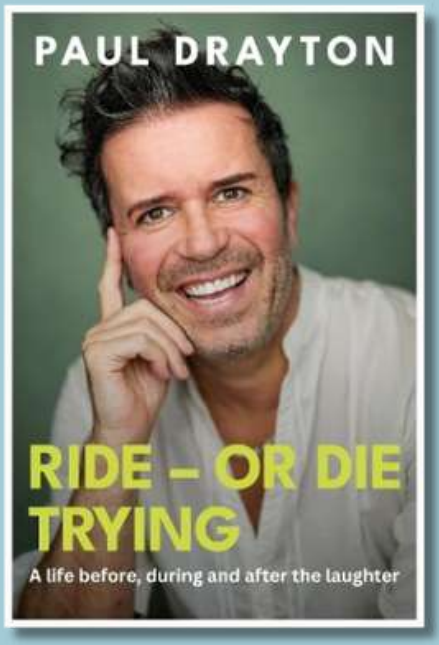
From collapsing graves to losing elderly folk at the zoo, from the Red Arrows Display Team and late night encounters with gun-wielding neighbours, this memoir is as unpredictable as life - and death - can be. Even While They Sleep: My Life as a Sussex Funeral Director is an honest, heartfelt memoir from **Peter Waring**.

With midnight callouts, burials at sea, and insights into the ever-changing trends in music, culture, and funerals themselves, this book takes readers on a journey through decades of a profession that touches every facet of human life.



Firefighter

9781068370908 p/b
£12.99
Second edition out soon



NEW

9781918428445 p/b
23.4 x 15.6cm
£15.99

Gardners

A brutally honest and hilarious memoir about addiction recovery, fame-adjacent life and learning how to start again.

When **Paul Drayton** briefly finds himself in prison in 2022 after a dangerous driving conviction, he is forced to confront the truth about the life he has been living. What follows is a candid and deeply personal journey through addiction, relationships, identity and recovery.

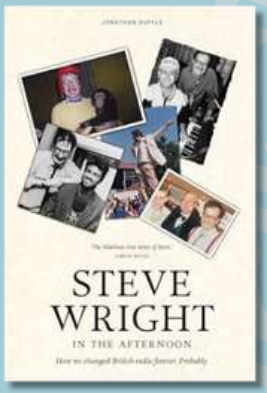
From growing up in Sunderland to navigating London's nightlife scene, falling in love with Alan Carr to discovering what it feels like to live beside fame without sharing the spotlight, Paul reflects on the highs, the chaos and the mistakes that shaped his life.

A late ADHD diagnosis at fifty and determined to rebuild his future, he begins the difficult process of understanding himself and creating a new chapter.

"Go beyond the headlines with Paul Drayton's refreshing and funny memoir"

COMING SOON

9781066893300 h/b



With never-before-seen pictures and memories of Britain's best-loved radio DJ, Steve Wright in the Afternoon is a warm-hearted and witty memoir from one of his producers in his Radio 1 heyday, **Jonathan Ruffle**.

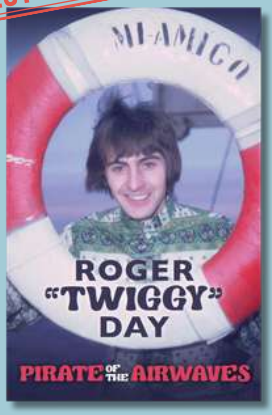
Second edition details to be announced

BEST SELLER

The true story of The Boat That Rocked.

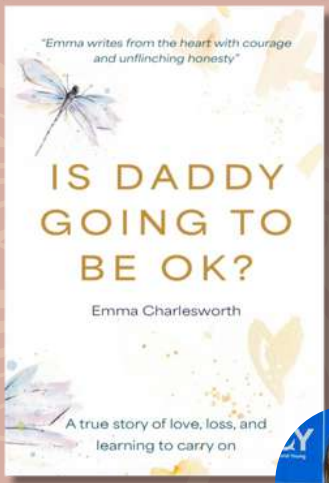
This is the thrilling journey of radio icon, **Roger 'Twiggy' Day**, as he sails through the waves of legendary stations like Radio Caroline and Radio Luxembourg. From touring with The Beach Boys to interviewing music legends like Elton John and Meatloaf, immerse yourself in the captivating tale of rock 'n' roll history.

A thrilling memoir packed with photos and memorabilia from a key pioneer in commercial radio and a familiar voice broadcast to millions over the decades.



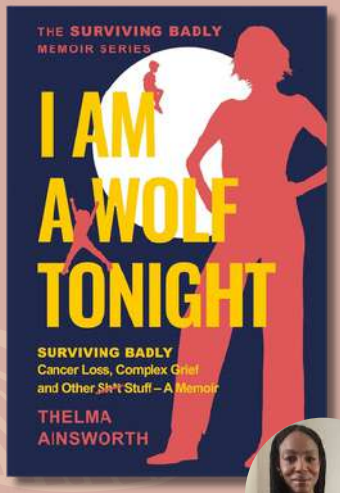
9781399949729 h/b
21.6 x 14cm
£24.99

"Quite simply this is the best book about radio that I have ever read"



9781068498701 p/b
15.2 x 22.8cm
£12.99

When **Emma Charlesworth**'s husband, Stuart 'Charlie' Charlesworth, took his temperature on Mother's Day 2020, she had no idea it was the beginning of the end. Less than a month later, he had died, another number in the devastating toll of COVID-19 in the UK.



9781839528866 p/b
19.7 x 13.4cm
£10.99

Gardners

As **Thelma Ainsworth** navigates the shockwaves of her husband's illness and sudden, devastating loss, Thelma is forced to confront hard truths about herself, her marriage, and the people around her. Grief becomes a mirror, exposing fractures and vulnerabilities she can no longer ignore.

Widowed As F**K

BEST SELLER

9781918811216 p/b
14 x 21.6cm
£12.99

Gardners

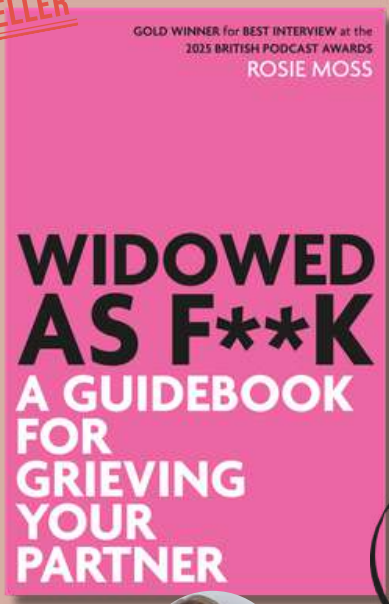
AS SEEN ON TV

Rosie Moss takes you inside the hidden world of modern widowhood, where grief is loud, messy, beautiful, infuriating, and sometimes wildly misunderstood.

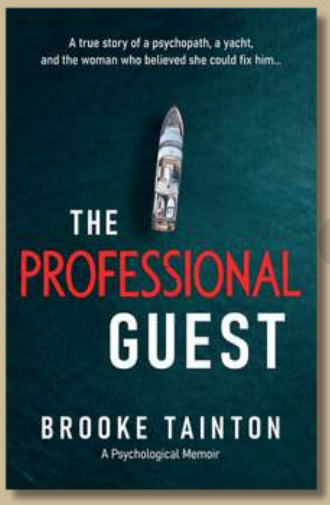
From navigating painful anniversaries to dealing with judgement, dating, single parenting, loneliness, widow's fire, and the strange admin of death, this book challenges stereotypes and shows how grief can change you without destroying you.

"This is the book I wish had existed when I was widowed. Honest, practical, and deeply reassuring"

Nicky Wake, Founder of the Widowed Collective



BRITISH PODCAST AWARDS
GOLD AWARD
2025

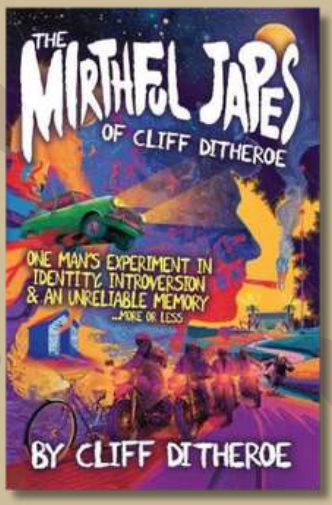


NEW

9781036988531 p/b
22.7 x 15.2cm
£17.99

Gardners

Psychology student **Brooke Tainton** takes on Blake Boddington as her 'test case'—but his charm and reckless lifestyle soon draw her into a dangerous obsession. Based on a true story, this explores the fine line between love, rescue and losing yourself.

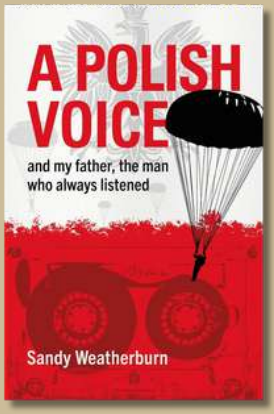


NEW

9781067601607 p/b
12.9 x 19.8cm
£13.99

Gardners

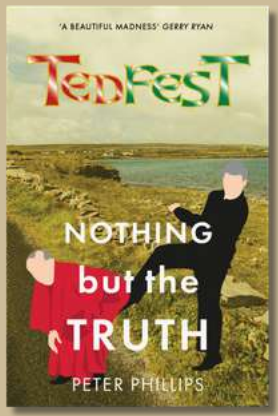
Ever wondered what introverts really get up to? Here is a wildly eccentric, mostly true journey from **Cliff Ditheroe** through Catholic school, '80s club culture, rural Suffolk and beyond. Expect bagpipes, bikers, occult goings-on, forklift carnage, embarrassing Lycra—and an accordion!



9781839526152 p/b
23.4 x 15.6cm
£12.00

Gardners

A young Polish soldier's extraordinary journey from the Polish Army, through deportation and imprisonment in Siberia, to Scotland, where he trained as a paratrooper and fought in the ill-fated Operation Market Garden at Arnhem in 1944. Fifty years later, his story was recorded. Rediscovered in 2020, these recordings inspired **Sandy Weatherburn** who meticulously researched this tribute to two remarkable lives.



9781919633138 p/b
14 x 21.6cm
£12.99

Gardners

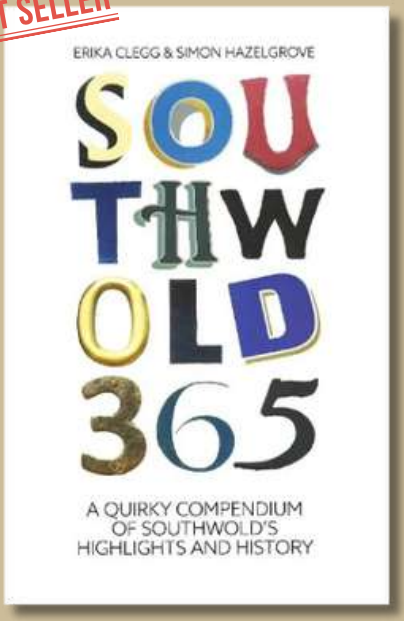
This is the wildly entertaining true story behind TedFest, the much-loved festival celebrating Channel 4's iconic sitcom **Father Ted**. **Peter Philips** charts how a Welsh writer, an Irish filmmaker, and a succession of terrible ideas collided to create a cultural phenomenon. This is a book for comedy fans, festival-goers, and anyone who believes that sometimes the silliest ideas are the most important ones.

Angels, castles, zoos, and hagstones ... there is far more to Southwold than first meets the eye.

In 2024, **Erika Clegg** set herself the challenge of celebrating a Southwold gem every single day. What began as a simple online exercise soon grew into an exploration of this charming market town's forgotten history, colour characters, and treasures hiding in plain sight.

With the challenge complete, it seemed a shame to leave it languishing in the far reaches of Instagram. And so this book was set in motion. With many new photographs by **Simon Hazelgrove** and handy tick boxes so readers can find and record Southwold's treasures for themselves, it is a love letter to this town, ready to be shared.

BEST SELLER



NEW

9781918811001 p/b
19.8 x 12.9cm
£19.99

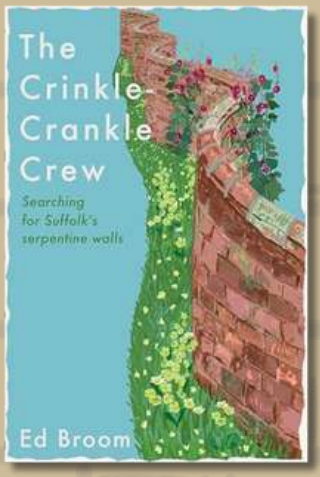
BEST SELLER

9781738570904 p/b
12.7 x 20.3cm
£12.99

An evacuee walking through parkland to school. A soldier working in a nearby forest. This is the true story of the Riddlesworth evacuee murder of 1942.

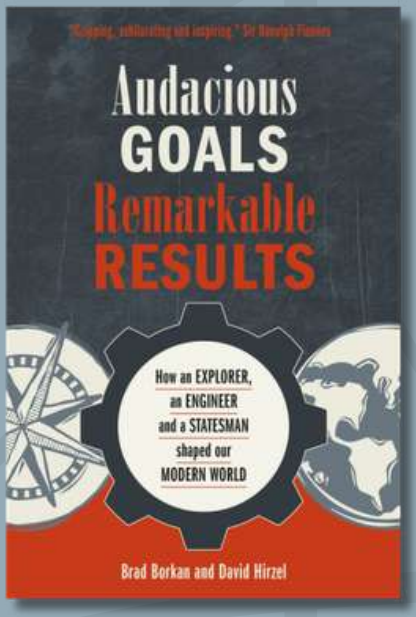
Darren Norton takes a balanced look at those involved, in the hope the reader brings their own conclusion as to whether the ultimate punishment was just.

Newspapers across the nation updated their readers about the case, from investigation, to confession, to trial sentencing. Yet today, this story is largely forgotten, as is the victim.



9781036929602 p/b
15.2 x 22.8cm
£11.99

When Suffolk writer, **Ed Broom,** set out to find something uniquely local for a writing competition, he stumbled upon the curious charm of 'crinkle-crankle' walls - sinuous, wavy brickwork found across the county.

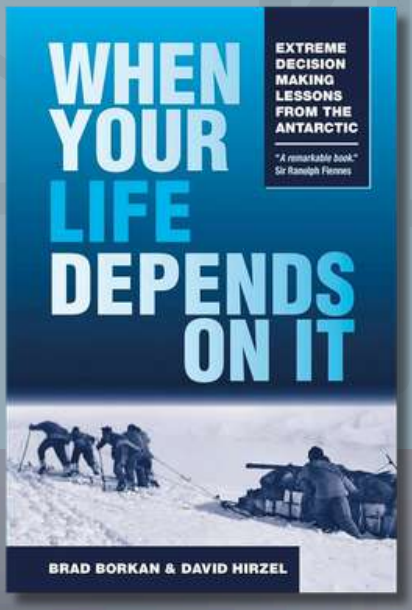


9781945312144 p/b
15.2 x 22.8cm
£9.99

"Gripping, exhilarating and inspiring."
Sir Ranulph Fiennes

History wasn't changed by playing it safe.

Amundsen braved the poles. Brunel built the impossible. Teddy Roosevelt redefined leadership. Blending history, biography, and motivational insight, **Brad Borkan** & **David Hirzel** reveal how three extraordinary people conquered significant challenges—and how you can apply the same principles to achieve greatness in your own life or career.



9781945312052 p/b
15.2 x 22.8cm
£9.99

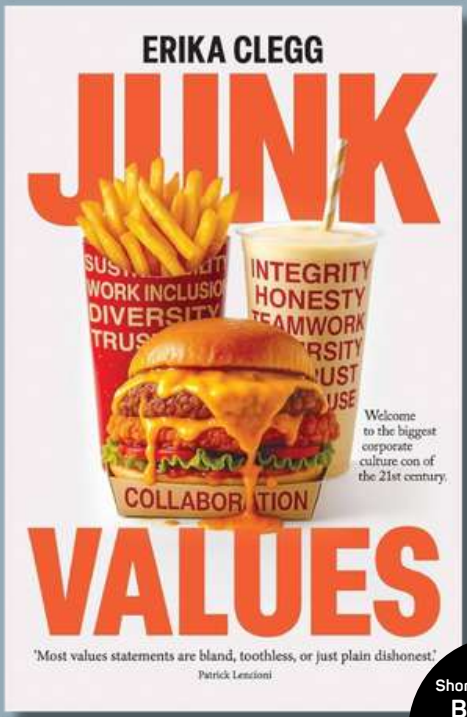
The life-and-death decisions made by the early Antarctic explorers, Scott, Shackleton, and Amundsen. It's 1910, and the only communication is as far as you can shout.

Survival isn't luck. It's a decision.

"A page-turner with true stories that will sear you to the depth of your soul"

David Wilson, world-renowned Antarctic historian and descendant of Antarctic explorer Dr. Edward Wilson

Brad has a graduate degree in Decision Sciences from the University of Pennsylvania and is a Fellow of the Royal Geographical Society.



9781068150982 p/b
12.9 x 19.8cm
£12.99

Gardners

Welcome to the biggest corporate culture con of the 21st Century

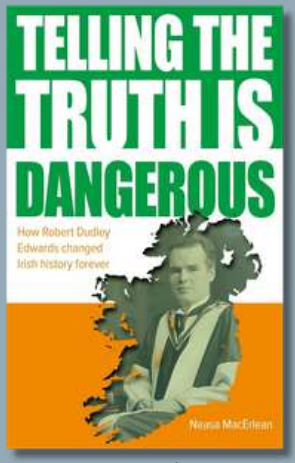
A sharp and timely exposé of how corporate culture lost its way - and a practical guide to rebuilding genuine purpose, trust, and integrity in business.

Fuelled, motivated and occasionally exasperated by values, **Erika Clegg DL FRSA** has devoted her recent career to helping people and organisations distinguish between the junk and the good stuff. Erika is honoured to serve as a Deputy Lieutenant of Suffolk, with a focus on supporting the RNLI, championing the arts and strengthening community life.

Shortlisted for the Business Book Awards 2026

9781036900472 p/b
20.3 x 12.7cm
£27.99

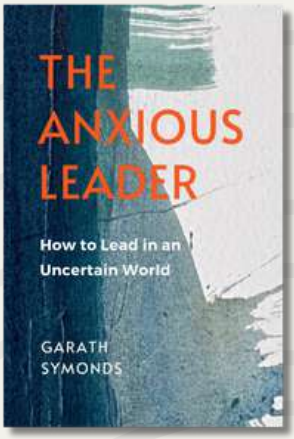
Miki Garcia's incisive work exposes the cultural patterns of the time and how one paper told the story of a desire for a united Ireland, with the Connolly Club or Connolly Association striving, through the paper's coverage, to work with Britain and lead the labour movement.



9781839529177 p/b
21.6 x 13.8cm
£11.99

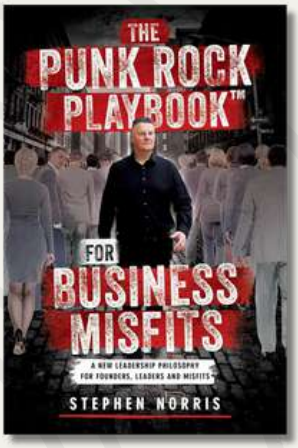
Gardners

The life of Irish historian Robert Dudley Edwards reveals a turbulent 20th-century struggle to reclaim Ireland's history from political propaganda, while tracing the changing study of history after WWII. Written by his granddaughter, journalist **Neasa MacErlean**, this fascinating biography explores his eccentric career, dangerous political world and the complex family of historians he helped shape.



Garath Symonds offers a fresh perspective on anxiety in leadership, showing how understanding it can strengthen decision-making, resilience and team dynamics. Drawing on systems-psychodynamic theory and real-world experience, it provides practical insights for leading with greater courage, clarity and care in complex and unpredictable environments.

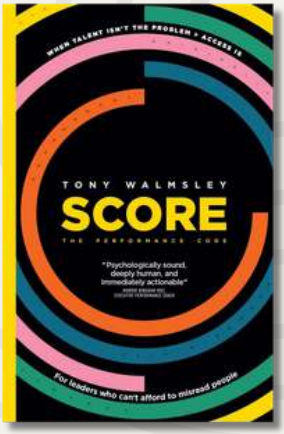
9781399981651 p/b
£16.99



9781067644161 p/b £16.99
9781067644178 h/b £29.99
21.6 x 14cm

Gardners

Challenging conventional leadership thinking, drawing on **Stephen Norris**'s experience in business and on stage. Inspired by the spirit of punk rock, it champions independence, authenticity, courage and resilience, offering founders and leaders a fresh approach to building trusted teams, challenging convention and creating businesses with originality and purpose.

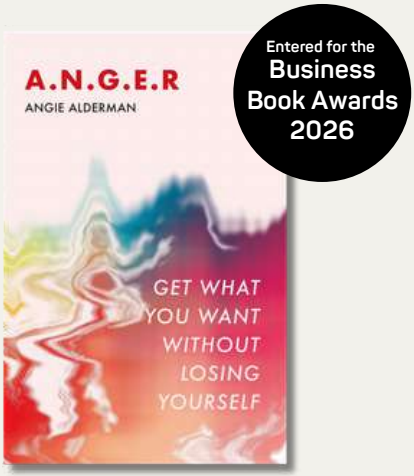


9781036934378 p/b
21.6 x 14cm
£12.99

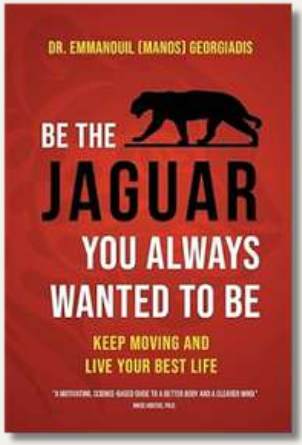
SCORE: The Performance Code applies the rigour of elite sport to executive leadership and organisational performance. Drawing on Big Five science, **Tony Walmsley**'s framework explores how personality, pressure and system design interact, helping leaders anticipate performance risks, strengthen teams and sustain execution when it matters most.

9781036974039 p/b
£12.99

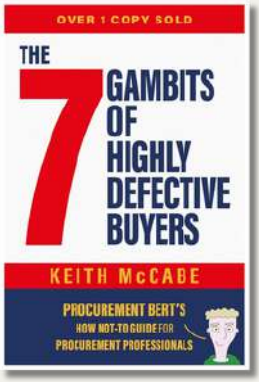
Mike Mair explores how L&D professionals can move beyond delivering training to become strategic drivers of organisational performance. With a focus on measurable impact, people development and business outcomes, The Truly Strategic L&D Leader will show you the way.



9781919275086 p/b
£19.99



9781036906146 p/b
£13.99



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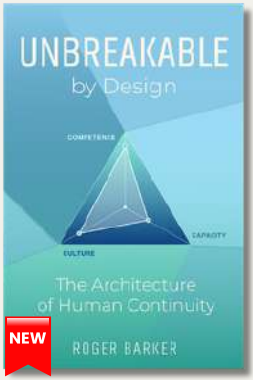
£11.99



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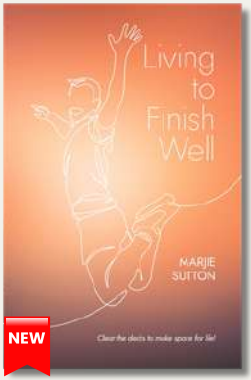
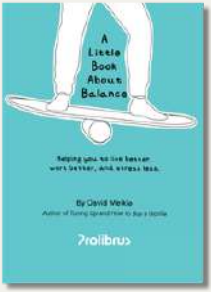
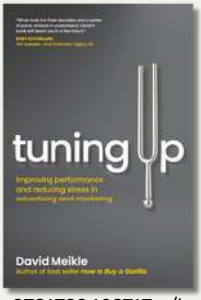
£24.99



9781918811827 p/b
£9.99



9781739463793 p/b
£9.99



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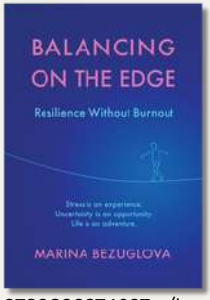
£24.99



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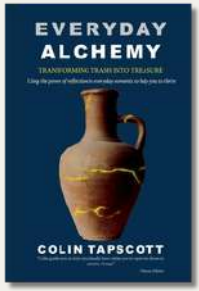

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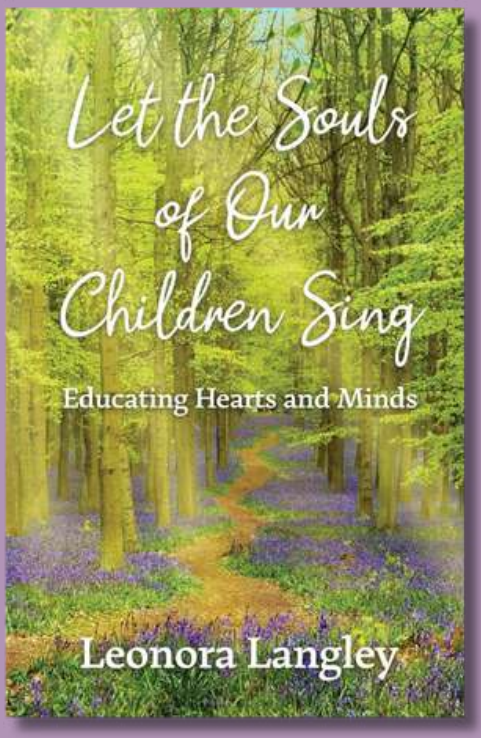


Let the Souls of our Children Sing

9781036960018 p/b
21.6 x 14cm
£12.99

"This is a little book with a big message, capturing the essence of one of the most important concerns facing parents and teachers – the emotional wellbeing of our children – offering compelling ways to help alleviate the mental health crisis among young people"
Richard Foulser

Leonora Langley offers parents, teachers and carers an inspiring vision for nurturing children's self-awareness, imagination and emotional wellbeing. Challenging education's focus on logic and measurement, she champions creativity and the arts as vital tools for developing emotional understanding, hope and a richer inner life.

Emotionally based School Avoidance

BEST SELLER

A compassionate and supportive toolkit for you and your child

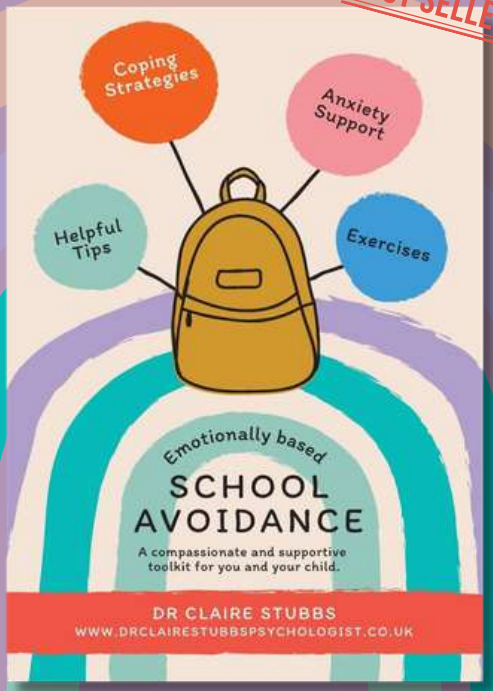
9781399991339 p/b
9781399990516 h/b
14.8 x 21cm
£12.99 / £21.99

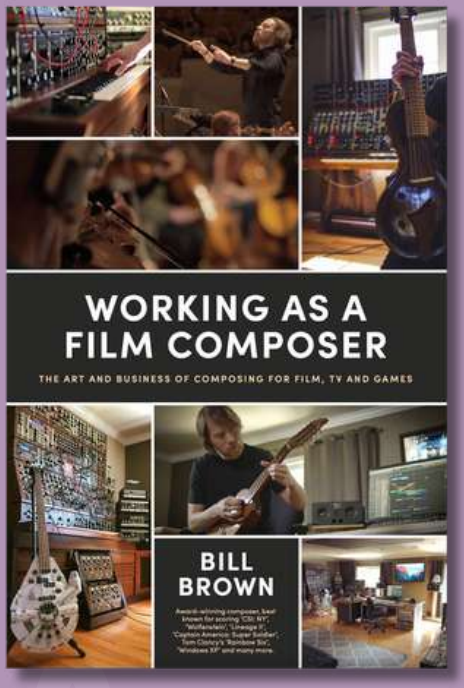
Gardners

This popular guide by **Dr Claire Stubbs** has been developed to help those responsible for the wellbeing of children experiencing school-based anxiety. It aims to provide support for coping with school refusal and anxiety, using strategies that have been tried, tested, and found to be effective.

"An easy-to-read and beautifully illustrated handbook for understanding and supporting children who resist or refuse to go to school"

Lisa Spiegel, MA LMHC





Working as a Film Composer

The art and business of composing for Film, TV, and Games

9798218400804 p/b
9798218457587 h/b + jacket
15.6 x 23.4cm
£28.99 / £38.99

An inside look by **Bill Brown** (CSI:NY, Tom Clancy's Rainbow Six, Captain America; Super Soldier) at what it is like working in the industry today.

It's a journey through the career-defining moments of an award-winning Hollywood composer with insightful perspectives from industry professionals and action steps and advice from some of today's top composers, including: **Hans Zimmer, Christopher Lennertz, Terence Blanchard, Geoff Zanelli, Steve Mazzaro, Kurt Farquhar, Tina Guo, Austin Wintory** and more.

"a treasure trove of wisdom, knowledge, and inspiring stories"

Rachel A R Shaw, composer

Music, Magic, and NLP

Unleash your creativity, change the world

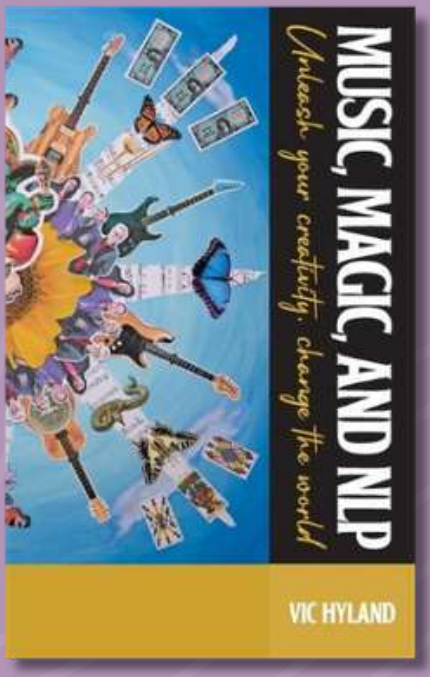
9781399956291 p/b
21.5 x 13.5cm
£16.99

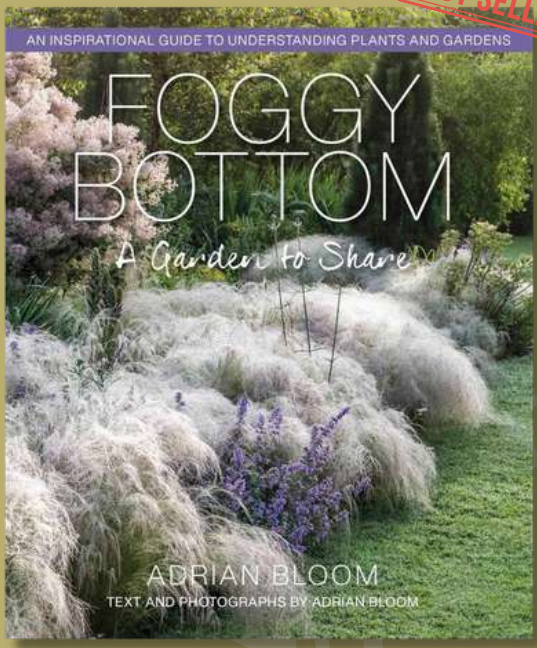
Music, Magic, and NLP explores the powerful connection between creativity, learning and performance, drawing on **Vic Hyland**'s 45+ years as a musician and teacher.

Combining real-world musical experience with NLP techniques, inspirational stories and gentle humour, Hyland offers accessible methods to help readers unlock their creative potential and achieve their goals.

"A genuinely useful book for those looking not only to punch through, but to kickstart any creative endeavour"

Mark Hewitt





BEST SELLER

Foggy Bottom: A Garden to Share

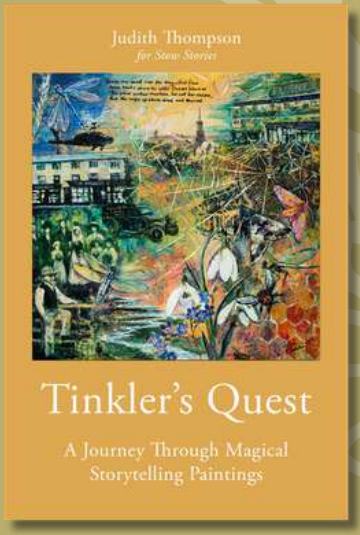
Adrian Bloom
9781919604213 h/b + jacket
22.5 x 27cm
£50

Gardener and plantsman **Adrian Bloom** literally breaks new ground telling the fascinating story of how he established a world-renowned Norfolk garden from an empty meadow.

Bloom invites you to experience the garden out of hours and shares his passion for a wide selection of plants through the seasons and how gardens can enhance our wellbeing.

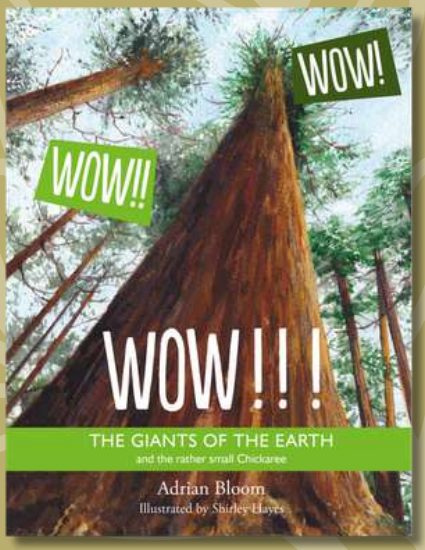
"Vividly capturing the long-unfolding, arduous, but so very loving labour that is gardening" James McConnachie

GARDEN MEDIA GUILD FINALIST Awards '23
The Garden Book of the Year



Tinkler's Quest: A Journey Through Magical Storytelling Paintings

Judith Thompson
9781036917128 p/b
£12.99



Wow!!! The Giants of the Earth

Adrian Bloom
9781919604220 p/b
£12.99

VEGAN CHOICE AWARD

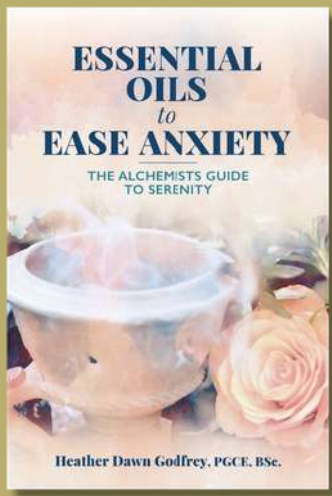
9781399915205 p/b
£16.99
21.6 x 14cm

Gardners

All you need to feel confident and empowered to become an ethical vegan, **Sadie Jade** can be relied on to provide info, tips, and tricks that make going vegan easier than ever!

"An illuminating exploration of aromatherapy!"

Janey Lee Grace, Author and Broadcaster

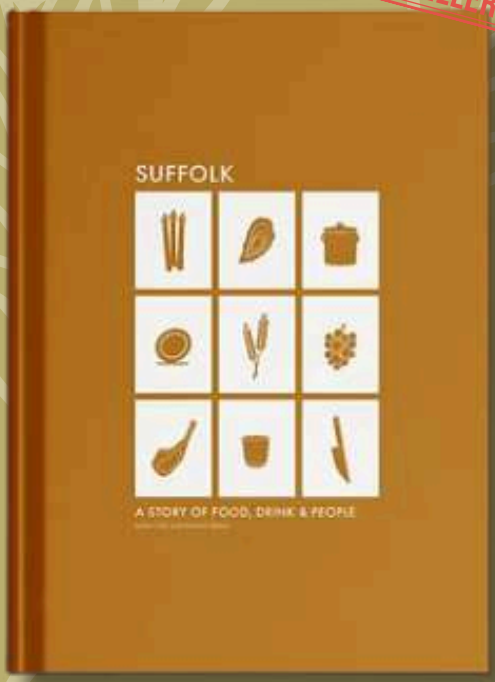


PLATINUM 2026 AWARDS NATURAL PRODUCTS AND SERVICES

9781068501302 p/b
£16.99

Combining decades of academic research, hands-on practice, and deep experiential insight, **Heather Godfrey** provides an indispensable resource for anyone seeking natural remedies for anxiety and emotional wellbeing.

BEST SELLER



Suffolk

A Story of Food, Drink, & People

9781036955175 h/b
cloth bound with foiling
28 x 22cm
£45

A beautifully produced, award-winning hardback celebrating the chefs, producers and independent businesses shaping Suffolk's food and drink scene. Featuring original photography by **Hannah Dewar**, with personal stories and recipes from across the county collected and edited by **Adam Tully**.

velvet CAMBRIDGESHIRE & SUFFOLK FOOD & DRINK AWARDS 2026

CONTACT US

Softwood Books
Office 9, Wharfside House, Prentice Road,
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THE SMALL BUSINESS AWARDS 2026 FINALIST
Arts & Creative Small Business

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GO ALL IN. National Year of Reading 2026